

WEBVTT

1

00:00:02.620 --> 00:00:03.520

[Voices] Inescapably.Inescapably. Inescapably. </v>

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00:00:04.180 --> 00:00:08.560

[Nolan] Inescapably Foreign. Welcome to Without Borders. I'm your host,</v>

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00:00:08.560 --> 00:00:11.960

Nolan Yuma. If this is your first time tuning into the show,

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00:00:12.030 --> 00:00:16.280

know that this is the podcast for nomads, expats, immigrants,

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00:00:16.390 --> 00:00:20.360

refugees, and anyone else that feels inescapably foreign.

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00:00:20.720 --> 00:00:25.720

Today I have the honor to be here with, uh, Dr. Salvador Forcina.

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00:00:25.870 --> 00:00:27.960

He's a first generation immigrant,

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00:00:27.960 --> 00:00:32.760

former surgeon and author of the forthcoming book, the American Doctor,

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00:00:32.800 --> 00:00:37.560

which comes out on March 14th. Links will be in the description,

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00:00:37.740 --> 00:00:42.400

but before we get all into that and into his story, um, Dr.

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00:00:42.670 --> 00:00:46.600

Forcina or Sal, maybe it's most people call you Sal.

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00:00:46.820 --> 00:00:47.620

[Dr. Salvador Forcina] Yes.</v>

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00:00:47.620 --> 00:00:50.960

[Nolan] Yes. All right. Well, Sal, how are you? How are you doing today? Doing.</v>

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00:00:50.960 --> 00:00:52.640

[Dr. Salvador Forcina] Very well, thank you. How are you?</v>

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00:00:53.450 --> 00:00:57.830

[Nolan] I'm good. I'm excited to have you on the show. Uh, so Sal,</v>

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00:00:57.860 --> 00:01:01.150

before we get into the beginning, uh, where are you right now?

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00:01:01.540 --> 00:01:05.270

[Dr. Salvador Forcina] Well, I am in United States in Florida, sunny Florida.</v>

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00:01:06.840 --> 00:01:07.673

[Nolan] Okay.</v>

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00:01:07.870 --> 00:01:12.570

[Dr. Salvador Forcina] The villages called The Villages is, um, one hour North Orlando,</v>

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00:01:13.570 --> 00:01:17.650

and it's, uh, the population like

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00:01:17.650 --> 00:01:21.090

130,000 people. They have like 60 Golf courses.

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00:01:21.630 --> 00:01:26.600

And life here is a likely being in paradise and

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00:01:26.600 --> 00:01:30.580

being alive because you usually to go to paradise, you got to die first.

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00:01:31.800 --> 00:01:34.480

[Nolan] [laughter] say you're a fan. You're a fan of Florida.</v>

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00:01:35.350 --> 00:01:40.050

[Dr. Salvador Forcina] Yeah, I'm not Florida. Yeah. Oh, okay. Anymore. I don't like cold anymore.</v>

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00:01:41.120 --> 00:01:44.080

[Nolan] [laughter] understandable. Well sell, um,</v>

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00:01:44.080 --> 00:01:48.000

maybe we'll get back into your story in America a little bit later, but now let,

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00:01:48.000 --> 00:01:50.480

let's start from the beginning. Yes. Uh,

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00:01:50.480 --> 00:01:54.640

so you were born in Italy during World War ii. Yes. And, um,

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00:01:54.790 --> 00:01:59.000

I know in the book you describe some of the extreme poverty that you've

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00:01:59.000 --> 00:01:59.920

experienced there.

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00:02:00.900 --> 00:02:05.690

So can you tell us a little bit about how these experiences shaped your

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00:02:05.690 --> 00:02:07.610

life, how they motivated you,

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00:02:07.630 --> 00:02:12.410

and if there are any particular stories that stand out during this

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00:02:12.410 --> 00:02:13.970

time or from during this time?

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00:02:14.400 --> 00:02:16.730

[Dr. Salvador Forcina] Well, the first of all,</v>

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00:02:16.730 --> 00:02:20.870

what motivated me was I was a small child,

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00:02:21.620 --> 00:02:26.570

and my father used to talk to me and used to explain how difficult

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00:02:26.570 --> 00:02:30.490

life was for them during the war, during the,

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00:02:30.970 --> 00:02:35.060

when on the German, after the Italy capitulate in World War ii,

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00:02:35.810 --> 00:02:40.560

we were a Roman Naples across the Monte Casino was the famous battle of Monte

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00:02:40.560 --> 00:02:44.120

Casino. There thousands of people die, many people died.

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00:02:44.120 --> 00:02:48.240

There were bombs all over. So it was really disaster.

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00:02:49.640 --> 00:02:53.550

So what my father used to tell me when he was a child,

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00:02:54.420 --> 00:02:58.150

he tried to study, but he went to second,

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00:02:58.150 --> 00:03:00.480

third grade only. And they,

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00:03:00.480 --> 00:03:05.420

they have to go and help the family go to the mountain with the

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00:03:05.420 --> 00:03:08.340

grapes, with the ship. The goats were not,

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00:03:08.930 --> 00:03:13.560

they had to know because the family were numerous people

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00:03:13.650 --> 00:03:18.420

in the family in general, and the resources, they were limited,

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00:03:19.550 --> 00:03:23.420

and they live in base of what they harvest.

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00:03:23.960 --> 00:03:27.940

And sometime the harvest was good. At the time, the harvest no,

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00:03:28.160 --> 00:03:32.020

was not so good. So anyhow, so he used to tell me.

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00:03:32.240 --> 00:03:37.180

And so that's why he, in 1947, he used to be a work, a worker.

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00:03:37.870 --> 00:03:39.580

He work in the ceramic.

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00:03:39.710 --> 00:03:43.340

It is a factory in Score where my parents used to live,

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00:03:44.430 --> 00:03:49.030

where the tile on the floor were made with

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00:03:49.030 --> 00:03:53.380

ceramics. And in 1947, this company happened.

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00:03:54.190 --> 00:03:57.890

The ceramic was destroyed because of the bombardment.

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00:03:58.980 --> 00:04:03.920

And, um, so the moved to Argentina created, build a new factory.

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00:04:05.040 --> 00:04:09.100

And, uh, and this was very good for my father because he was thinking that they,

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00:04:10.100 --> 00:04:14.410

uh, was good for us because, uh, we could have a future.

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00:04:14.850 --> 00:04:19.090

There was plenty of food there, and there was at the end of the war,

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00:04:19.230 --> 00:04:24.210

and there was nobody to be any more war because a tragedy or the World War ii,

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00:04:24.420 --> 00:04:26.610

in which he lost his brother.

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00:04:27.420 --> 00:04:32.010

My grandfather was miss for many months. We didn't know.

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00:04:32.040 --> 00:04:36.650

They, they didn't know he was a German prisoner. He could die,

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00:04:37.010 --> 00:04:40.450

whatever. So, you know, he was a lot anxiety for the family.

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00:04:41.680 --> 00:04:46.420

So my father used to talk to me, and of course when we moved to Argentina,

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00:04:46.730 --> 00:04:50.500

eventually he call us in 1948, my brother,

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00:04:50.550 --> 00:04:54.220

me and my mother to go to Argentina. And, um,

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00:04:54.600 --> 00:04:59.060

and there was no easy, it was a very, we were the immigrant there. And the,

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00:04:59.080 --> 00:05:03.480

the land that we don't have any support, really. You are in your own.

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00:05:03.580 --> 00:05:07.840

You speak the language. You have, you didn't know your neighbor,

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00:05:08.180 --> 00:05:13.180

the customer different, and then you just have a hope.

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00:05:14.270 --> 00:05:19.230

And so this where my father used to talk to me about this hope that

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00:05:19.230 --> 00:05:21.950

I didn't understand in the beginning, but I,

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00:05:22.060 --> 00:05:26.630

I gradual gradually start to grow up,

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00:05:27.830 --> 00:05:29.990

start still to, uh,

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00:05:29.990 --> 00:05:34.270

start to reasoning about life or whatever reading.

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00:05:34.380 --> 00:05:36.670

I start to read. I understand.

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00:05:37.900 --> 00:05:40.820

I start to see a little bit of light,

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00:05:42.470 --> 00:05:45.610

and I say, I want to improve. Of course,

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00:05:45.620 --> 00:05:48.010

my father is a simple way.

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00:05:48.970 --> 00:05:53.860

When I was eight years old, when we went to Argentina, he was, when the trauma,

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00:05:55.250 --> 00:05:59.760

in some way, he got a post-traumatic syndrome that we are talking today.

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00:05:59.970 --> 00:06:03.190

At that time, there wasn't, people didn't even know.

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00:06:03.880 --> 00:06:06.710

[Nolan] No word for it, but of course it existed. No.</v>

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00:06:06.860 --> 00:06:10.950

[Dr. Salvador Forcina] I mean, it was, it was a, people just, they said, you have a problem.</v>

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00:06:10.950 --> 00:06:13.670

There's your problem. Nobody have time for you to,

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00:06:14.240 --> 00:06:16.150

to sit down and talk about your problem.

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00:06:16.910 --> 00:06:20.450

There was a question of survival again. So,

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00:06:20.740 --> 00:06:24.720

so that's why he tried to tell me.

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00:06:24.720 --> 00:06:27.560

And so he had his hands, he showed the hand,

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00:06:27.750 --> 00:06:31.250

they had callous dealing with the bricks and this,

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00:06:31.250 --> 00:06:35.850

and that was a rough hand and developed callous. And my father used to say,

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00:06:35.960 --> 00:06:40.410

look at, look at it this touch it, this what you want to do in the future.

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00:06:41.350 --> 00:06:45.610

And he keep repeating that, repeat me and this work, you know,

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00:06:45.760 --> 00:06:50.610

like you have a, the water and the rock. You have a drop of water,

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00:06:51.160 --> 00:06:55.970

a steady drop, steady drop with one week, one month, one year.

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00:06:55.970 --> 00:07:00.490

Nothing happen alone with after so many years

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00:07:01.060 --> 00:07:03.590

that rock of water is going to make a hole in the rock.

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00:07:05.120 --> 00:07:09.310

And this in some way was the effect that motivated me

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00:07:09.800 --> 00:07:13.040

to start to study. But of course,

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00:07:13.230 --> 00:07:17.050

this didn't happen overnight. This took long time.

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00:07:18.130 --> 00:07:20.830

And then, you know, we can talk about,

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00:07:20.870 --> 00:07:25.550

there was a lot of falling down, getting up, crying in between.

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00:07:26.240 --> 00:07:30.850

But all the time I had the desire to look up

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00:07:31.500 --> 00:07:35.570

to see the sun behind the mountain. I couldn't see it.

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00:07:36.080 --> 00:07:38.690

[Nolan] Yeah. Now, just so we get a picture,</v>

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00:07:38.750 --> 00:07:41.610

how old were you when you moved to Argentina?

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00:07:41.610 --> 00:07:46.460

[Dr. Salvador Forcina] Eight years old. Just eight years old. Yes. I was born in 1941.</v>

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00:07:46.870 --> 00:07:51.320

Uh, so I will be 80, 82 years old. Very soon.

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00:07:51.320 --> 00:07:52.640

Old guy, [laughter] ;.

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00:07:53.430 --> 00:07:56.000

[Nolan] Okay. So you moved there when you were eight years old.</v>

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00:07:56.000 --> 00:07:58.560

You were there with your mother and your brother,

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00:07:58.940 --> 00:08:02.280

and then were you living with your father there as well,

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00:08:02.490 --> 00:08:05.360

or was he working in a different city? No.

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00:08:05.360 --> 00:08:08.000

[Dr. Salvador Forcina] No, no. He was in the same city as a man. If I were,</v>

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00:08:08.050 --> 00:08:11.390

he was just a few blocks away. But, uh,

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00:08:11.580 --> 00:08:14.870

I was with my parents until I was 11 years old.

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00:08:16.330 --> 00:08:20.470

And my father was very frustrated with me because I didn't want to study.

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00:08:21.160 --> 00:08:25.990

Uh, I was with the kids. We were in the, in,

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00:08:25.990 --> 00:08:29.710

in us, in the this town called Azul

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00:08:30.480 --> 00:08:33.990

in the Azul in the, uh, Buenos Aires province.

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00:08:35.440 --> 00:08:40.030

And they, my father, my parents couldn't afford a house at the city,

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00:08:40.030 --> 00:08:43.910

so had to be outside rent in a house there. And we were,

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00:08:43.910 --> 00:08:47.490

there was no asphalt, the sidewalk,

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00:08:47.490 --> 00:08:50.260

there were not tiles or whatever.

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00:08:50.420 --> 00:08:53.500

[Nolan] Was it a village or like a campo? Sorry, a, a farm.</v>

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00:08:53.630 --> 00:08:58.200

[Dr. Salvador Forcina] Or No, no, I was out outskirts. The the rural area.</v>

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00:08:58.210 --> 00:09:02.800

Outside. Okay. Outside. So what happened, we had to,

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00:09:02.800 --> 00:09:07.080

we spend most of the time in the street kicking the board. We,

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00:09:07.100 --> 00:09:10.480

our board was regular, the socks, it sucked.

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00:09:10.480 --> 00:09:14.760

And we put some cloth there, whatever wrapped the best we could.

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00:09:14.820 --> 00:09:18.680

And we make a round something, and we kick the ball,

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00:09:18.930 --> 00:09:21.880

we kick the ball so much that the shape

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00:09:23.130 --> 00:09:26.200

we stop kicking the ball. When the shape become like a sausage,

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00:09:26.490 --> 00:09:30.840

it still be... Yeah. That was our,

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00:09:31.180 --> 00:09:32.560

our entertainment.

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00:09:33.980 --> 00:09:38.800

[Nolan] And what eventually motivated you to stop kicking the ball and,</v>

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00:09:39.130 --> 00:09:40.720

uh, seek an education?

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00:09:41.030 --> 00:09:43.600

[Dr. Salvador Forcina] Okay, so what happened was that, um,</v>

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00:09:44.600 --> 00:09:48.960

close to my parents' house, seven blocks away. There was a small church there.

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00:09:49.560 --> 00:09:53.860

And one time some priests show up there.

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00:09:54.550 --> 00:09:58.280

And I was, I go around,

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00:09:58.560 --> 00:10:00.280

whenever I start to talk with one of the priest,

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00:10:00.330 --> 00:10:05.200

he start to show me an album with pictures where they have a horse.

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00:10:05.780 --> 00:10:09.880

The kids who were playing soccer, they, they were in,

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00:10:10.410 --> 00:10:14.420

in pool, whatever. Okay. And of course, for me,

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00:10:14.420 --> 00:10:19.240

I was 11 years old, not even 11 years. So this was, oh my God.

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00:10:19.240 --> 00:10:22.320

And it's, so they say, would you like to join us if you want to try?

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00:10:23.480 --> 00:10:28.370

I went to my father and I explained that to him. And so my father,

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00:10:29.060 --> 00:10:33.800

so like somebody hit the lottery, so,

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00:10:34.090 --> 00:10:38.560

so of course he encouraged me, whatever. Okay. Now, so I went with this priest.

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00:10:38.560 --> 00:10:43.340

This was, uh, in the outskirts capital.

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00:10:44.340 --> 00:10:48.790

I saw my parents once a year, December, for Christmas, one month.

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00:10:49.560 --> 00:10:53.520

I was separated from my parents since I was 11 years old. Uh,

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00:10:53.520 --> 00:10:56.360

if I tell you psychological, the trauma,

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00:10:56.390 --> 00:10:59.870

I suffer because you're on your own

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00:11:00.420 --> 00:11:04.030

11 years old, and, the priest were a German priest.

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00:11:05.460 --> 00:11:09.200

And the main thing, you had to pray night and day,

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00:11:09.420 --> 00:11:12.990

and you had to study. And to me, those two things,

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00:11:14.840 --> 00:11:16.540

you know, was very difficult for me.

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00:11:16.990 --> 00:11:21.670

So the first year I did very poorly and then very poorly,

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00:11:21.760 --> 00:11:23.350

because what happened, you know,

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00:11:24.270 --> 00:11:28.500

my father used to talk to me about that when he was a small child

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00:11:29.650 --> 00:11:34.240

in the beginning of 19th century, in 1920, 25, whatever,

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00:11:34.790 --> 00:11:37.630

there were no radio, there were no tv. There were —

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00:11:38.140 --> 00:11:40.390

They have nothing for an entertainment.

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00:11:40.840 --> 00:11:43.710

So what happened once a year or twice a year,

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00:11:43.710 --> 00:11:46.270

the priest had the small square there,

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00:11:46.700 --> 00:11:51.510

plus a musician that they play a segment of the opera or

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00:11:51.510 --> 00:11:54.920

some concerto, some popular music, something like that.

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00:11:54.980 --> 00:11:56.840

And so my father used to talk to.

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00:11:56.840 --> 00:11:57.840

[Nolan] Me, but no tango.</v>

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00:11:58.290 --> 00:12:03.080

[Dr. Salvador Forcina] No, no, no, no. Italy.</v>

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00:12:03.910 --> 00:12:05.580

So what happened was that, um,

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00:12:07.140 --> 00:12:11.310

this way to me, coming from my father,

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00:12:11.540 --> 00:12:15.090

I didn't understand completely.

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00:12:15.650 --> 00:12:19.890

It create curiosity in me and little, so what happened,

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00:12:20.070 --> 00:12:24.900

and eventually used to talk about the Violin to

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00:12:24.900 --> 00:12:27.580

me. Well, why, so.

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00:12:27.580 --> 00:12:28.460

[Nolan] About the what, sorry</v>

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00:12:28.460 --> 00:12:30.740

[Dr. Salvador Forcina] oh, violin</v>

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00:12:30.740 --> 00:12:31.620

[Nolan] The violin. Yes, violin.</v>

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00:12:32.470 --> 00:12:37.380

[Dr. Salvador Forcina] So what happened was that name, there was an orchestra in the,</v>

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00:12:37.390 --> 00:12:41.180

in this college in jovenado, the jovenado for the youth.

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00:12:42.530 --> 00:12:44.510

And you have a instructor,

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00:12:44.810 --> 00:12:49.270

and you had to apply to play an instrument, teach you.

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00:12:50.090 --> 00:12:53.670

And I, uh, the violin, I want to play violin.

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00:12:54.480 --> 00:12:59.030

So I applied, and I was rejected because my grade was terrible.

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00:13:00.280 --> 00:13:04.430

So that hurt my, my feeling hurt my feeling.

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00:13:05.050 --> 00:13:09.710

And, uh, but the following year, my grade got better.

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00:13:10.250 --> 00:13:11.830

And I got into the,

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00:13:13.330 --> 00:13:17.340

this orchestra to play me to study when I came. And, uh,

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00:13:17.340 --> 00:13:21.600

that's why I became, uh,

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00:13:21.600 --> 00:13:25.960

I like music very much, and I'm toward the classic,

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00:13:26.020 --> 00:13:28.280

the Opera concert, and this and that.

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00:13:28.860 --> 00:13:33.850

And so this is something I, I'm, I'm,

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00:13:34.120 --> 00:13:39.090

it's not, I took courses or whatever. I'm self like stealing knowledge,

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00:13:39.590 --> 00:13:43.490

you know, because at time I book selling nothing.

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00:13:44.060 --> 00:13:49.010

So whatever had the opportunity to, to, to learn something, whatever.

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00:13:49.010 --> 00:13:50.170

Okay. And so,

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00:13:52.110 --> 00:13:57.060

and so that's why I had the curiosity about everything.

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00:13:58.320 --> 00:14:01.340

[Nolan] And how many people were in this school.</v>

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00:14:02.980 --> 00:14:04.730

[Dr. Salvador Forcina] Uh, maybe in less than one hundred.</v>

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00:14:05.320 --> 00:14:06.310

[Nolan] In less than 100.</v>

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00:14:06.310 --> 00:14:10.710

[Dr. Salvador Forcina] But this is a boarding school. Like I say, I slept in the, in the,</v>

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00:14:10.760 --> 00:14:11.630

in this place.

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00:14:12.230 --> 00:14:16.370

And discipline was, uh,

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00:14:18.210 --> 00:14:23.050

we were punished sometime corporal punishment too. Now.

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00:14:23.940 --> 00:14:28.690

[Nolan] Do you feel this, this extreme discipline had a positive effect on you,</v>

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00:14:28.860 --> 00:14:31.130

or do you think it was more negative?

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00:14:31.580 --> 00:14:34.810

[Dr. Salvador Forcina] Um, I think was combination of thing. First of all,</v>

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00:14:36.040 --> 00:14:40.370

when I went there, I'm, I'm not say I was wild, you know,

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00:14:40.370 --> 00:14:44.530

I was 11 years old. I was acting, jumpy here,

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00:14:44.770 --> 00:14:48.410

run here, you know, they think that they, the normal,

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00:14:50.900 --> 00:14:55.200

when I was there for seven years, when I left the place,

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00:14:56.710 --> 00:15:01.020

I was very shy, very timid,

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00:15:01.760 --> 00:15:04.580

introverted. And eh,

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00:15:05.620 --> 00:15:10.560

and the teaching really was not the best teaching because you

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00:15:11.080 --> 00:15:13.550

memorized, you memorize.

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00:15:14.910 --> 00:15:19.320

There was no reasoning. Just to give an idea, if you allow me,

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00:15:20.030 --> 00:15:24.590

okay. I was,

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00:15:24.660 --> 00:15:28.110

when I left this, this jovenado.

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00:15:28.250 --> 00:15:32.870

and I went to the public school because I had to take some course

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00:15:32.870 --> 00:15:37.750

because the school grade in this place were not recognized

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00:15:37.750 --> 00:15:41.090

by the state. So what happened when I had to do,

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00:15:41.240 --> 00:15:42.810

I had to take two exams,

231

00:15:43.070 --> 00:15:47.840

and this was already within very short time,

232

00:15:47.840 --> 00:15:52.440

old start in the scholastic year, I had to repeat the third grade.

233

00:15:53.520 --> 00:15:57.280

They made me repeat. So what happened was that then

234

00:15:58.970 --> 00:16:03.480

they, they, I was very,

235

00:16:03.480 --> 00:16:08.410

very uncomfortable in front of people. And so,

236

00:16:08.630 --> 00:16:11.210

and I remember when I was a teenager,

237

00:16:11.440 --> 00:16:15.330

I start to the library, just to give you an idea,

238

00:16:15.330 --> 00:16:17.660

the library and the priest,

239

00:16:19.150 --> 00:16:23.080

they give you permission to go to the library. Now, the books, of course,

240

00:16:23.080 --> 00:16:26.880

they were selected books relied for the saint to whenever, okay.

241

00:16:28.320 --> 00:16:32.300

And those books, they were, the pages were missing.

242

00:16:32.730 --> 00:16:37.150

Couldn selected, a lot of with the ink

243

00:16:38.200 --> 00:16:42.380

was erase, covered up, whatever. So, you know, they,

244

00:16:42.450 --> 00:16:46.080

they want, it's like in the middle age, she was,

245

00:16:47.280 --> 00:16:50.960

there is no such a pure life or whatever. Look, and the,

246

00:16:50.960 --> 00:16:55.960

the idea we were kids and the ceremony about the demo and this and that.

247

00:16:55.960 --> 00:17:00.330

So we were scared to death. And this is,

248

00:17:00.330 --> 00:17:02.970

if you have to realize this is a big place,

249

00:17:03.900 --> 00:17:08.670

tall wall, ceiling, dark corridor,

250

00:17:09.090 --> 00:17:13.930

you know, typical, uh, middle-aged thing. When you are a young kid,

251

00:17:14.360 --> 00:17:18.130

your child, uh, and you're a teenager, yes.

252

00:17:18.920 --> 00:17:21.840

At night, you don't want to get up or go to the bathroom, whatever.

253

00:17:22.040 --> 00:17:26.580

Sometime you get to give an idea.

254

00:17:26.580 --> 00:17:30.370

The psychological effect, it was for me,

255

00:17:30.770 --> 00:17:31.980

everything was,

256

00:17:33.970 --> 00:17:37.870

was something that I had to go one step by the time, really,

257

00:17:37.870 --> 00:17:41.720

when I really learn, I study very hard,

258

00:17:42.950 --> 00:17:46.940

lot of time wasting time because you are,

259

00:17:46.940 --> 00:17:51.120

you read and read and read that I, but there was no,

260

00:17:51.850 --> 00:17:55.200

it was to today what they understanding they have today.

261

00:17:55.240 --> 00:17:58.920

After I came to America and I had to pass exams,

262

00:17:59.290 --> 00:18:03.960

because when I came to, I graduated in 1968.

263

00:18:04.550 --> 00:18:06.760

And then from there, I went to Italy.

264

00:18:06.910 --> 00:18:09.880

I was supposed to and specialize there,

265

00:18:09.880 --> 00:18:13.120

but I had to wait until September, for example.

266

00:18:13.690 --> 00:18:15.480

So while I was in the beach there,

267

00:18:16.190 --> 00:18:21.170

I made some friend of my family here in United States and then just say,

268

00:18:21.170 --> 00:18:23.970

what are you doing here? You should come to United States. Of course,

269

00:18:24.120 --> 00:18:27.490

I wrote to my family, and, uh, I came to United States,

270

00:18:27.790 --> 00:18:31.250

but what happened was I didn't speak English.

271

00:18:33.540 --> 00:18:36.810

My degree was well recognized in United States.

272

00:18:39.840 --> 00:18:43.900

[Nolan] Yes. Just before, before getting to the United States. Yeah.</v>

273

00:18:44.170 --> 00:18:47.730

What kind of broke you free from,

274

00:18:47.730 --> 00:18:52.490

I assume this indoctrinated type of education that you experienced,

275

00:18:52.690 --> 00:18:56.490

right? As you mentioned, the, some of the pages were ripped out,

276

00:18:56.490 --> 00:18:58.730

some of the information was blacked out.

277

00:18:59.540 --> 00:19:03.770

So I assume in a Catholic, um, school like that,

278

00:19:04.200 --> 00:19:08.770

that some of the information that might have been ripped out relates to biology

279

00:19:09.150 --> 00:19:13.490

and maybe some evolution. But now you're a doctor.

280

00:19:13.540 --> 00:19:18.530

So what eventually helps you to break free from that indoctrinated mindset and

281

00:19:18.530 --> 00:19:22.610

gave you this interest in medicine and, and to become a doctor?

282

00:19:22.960 --> 00:19:27.930

[Dr. Salvador Forcina] Well, I don't, the fighter became a doctor. I don't,</v>

283

00:19:27.930 --> 00:19:30.450

it was related to that, but just going to the point,

284

00:19:30.450 --> 00:19:31.930

I just want to touch your point.

285

00:19:33.200 --> 00:19:38.170

I got in trouble because I guess as a teenager I

286

00:19:38.170 --> 00:19:41.660

start to ask question. And I guess one of the question,

287

00:19:41.900 --> 00:19:44.660

whenever I don't remember exactly happen in so many years,

288

00:19:45.330 --> 00:19:50.070

I was a reporter to the superior and I went in front of the superior.

289

00:19:50.640 --> 00:19:54.150

So he really gave it to me. He really verbally,

290

00:19:54.880 --> 00:19:59.630

he put me down and he say, if you continue this trend,

291

00:20:00.330 --> 00:20:04.420

you are going to be expelled from this institution.

292

00:20:04.800 --> 00:20:08.900

And if you expel, what are you going to do in your life in the future?

293

00:20:09.070 --> 00:20:11.820

Because you are very intel. You are not intelligent.

294

00:20:13.230 --> 00:20:17.160

I was told I was not intelligent. Of course, at that time.

295

00:20:18.020 --> 00:20:21.630

You get so much abuse that everything become routine.

296

00:20:22.600 --> 00:20:26.660

[Nolan] And it wasn't just, uh, verbal abuse. Was it also physical abuse back then?</v>

297

00:20:26.660 --> 00:20:27.493

Yeah.

298

00:20:27.810 --> 00:20:32.380

[Dr. Salvador Forcina] They shook you up or, or they punish you. They say you cannot have,</v>

299

00:20:33.310 --> 00:20:36.450

the meal was very simple meal. And sometime they say,

300

00:20:36.450 --> 00:20:39.050

but you cannot have dessert for three days or whatever,

301

00:20:39.080 --> 00:20:43.110

four punishment or whatever. You know, that corporal punishment.

302

00:20:43.110 --> 00:20:47.120

And so, so this is, this is the,

303

00:20:47.740 --> 00:20:50.240

the environment in which grew up.

304

00:20:50.410 --> 00:20:53.160

So he told me I was not intelligent,

305

00:20:53.160 --> 00:20:57.040

so they didn't bother me at that time because in another,

306

00:20:57.370 --> 00:21:00.760

another fall pulling down.

307

00:21:01.220 --> 00:21:04.920

But eventually I said, grow up, you know,

308

00:21:05.070 --> 00:21:07.080

I don't want the revenge or whatever.

309

00:21:07.420 --> 00:21:12.280

But I wish he could have seen what

310

00:21:12.280 --> 00:21:13.320

I have accomplished

311

00:21:16.090 --> 00:21:20.790

against all instead of encourage me and to gimme good advice.

312

00:21:22.070 --> 00:21:22.903

I say,

313

00:21:23.790 --> 00:21:27.870

somebody guide you for a better life or whatever,

314

00:21:28.280 --> 00:21:32.270

to achieve a goal. He put me down and doesn't need.

315

00:21:35.290 --> 00:21:38.290

[Nolan] [Inaudible]. So who,</v>

316

00:21:38.580 --> 00:21:42.690

it sounds like your father played a big role in your life as a role model.

317

00:21:42.910 --> 00:21:47.770

Was there anyone else that influenced you to study medicine or.

318

00:21:47.960 --> 00:21:51.730

[Dr. Salvador Forcina] Well, the, the fact that I study medicine was that the,</v>

319

00:21:51.730 --> 00:21:53.410

when I finished in nationale,

320

00:21:53.820 --> 00:21:58.810

in his like a bachillerato I don't know how to

321

00:21:58.810 --> 00:22:03.650

compare with the, with college in United States School.

322

00:22:05.610 --> 00:22:10.450

[Nolan] Bachillerato. Well, in Spain, bachillerato is like the last years of high school. Yes.</v>

323

00:22:10.460 --> 00:22:11.090

Um, yes.

324

00:22:11.090 --> 00:22:12.810

[Dr. Salvador Forcina] Yeah. Before you go to university.</v>

325

00:22:13.500 --> 00:22:15.230

[Nolan] Yeah, yeah, yeah. We don't,</v>

326

00:22:15.230 --> 00:22:17.790

I guess we don't have that in Canada or in the States.

327

00:22:17.790 --> 00:22:20.670

Like bachillerato exists here in Spain. Um, but yeah,

328

00:22:20.670 --> 00:22:23.990

it's the last few years just before going to university. Yeah.

329

00:22:23.990 --> 00:22:26.230

[Dr. Salvador Forcina] That's it. Now we understand each other.</v>

330

00:22:26.560 --> 00:22:31.150

So what happened was that my friends when whom I went to, uh,

331

00:22:31.270 --> 00:22:35.040

bachillerato, the school I was in, the son of the immigrant,

332

00:22:36.330 --> 00:22:40.820

they had the battle of the bottom. You're in the basement. Yeah. The bottom,

333

00:22:41.350 --> 00:22:46.020

my friends, they were, the parents were lawyer,

334

00:22:46.020 --> 00:22:47.380

people that have the farm

335

00:22:48.890 --> 00:22:52.370

thousand acres land with goat, seep, cows, you know,

336

00:22:53.650 --> 00:22:57.170

uh, doctors, whatever. So anyhow,

337

00:22:57.170 --> 00:23:01.570

so my father, remember when I finished, well, south,

338

00:23:01.570 --> 00:23:04.180

what are you going to do now? I said, well,

339

00:23:04.180 --> 00:23:08.850

my friends are going to the university and I would like to try.

340

00:23:10.300 --> 00:23:15.030

I don't know. So, but I said, well, listen, you know what, we,

341

00:23:15.030 --> 00:23:18.550

your mom, we are going to help the best we can. As long as you,

342

00:23:19.050 --> 00:23:23.810

you are willing to succeed, to, to accomplish something,

343

00:23:24.060 --> 00:23:27.860
we going to help you the best we can.

344
00:23:28.360 --> 00:23:30.180
And I remember my father,

345
00:23:30.370 --> 00:23:35.180
they were building the house one brick at a time after part-time when

346
00:23:35.180 --> 00:23:38.860
he was coming back at night from the ceramic where he work

347
00:23:40.550 --> 00:23:44.870
and saw my family had built two,

348
00:23:45.100 --> 00:23:49.930
two rooms in which we were living... finished.

349
00:23:51.320 --> 00:23:55.710
So what happened was that my father said, well, you know what, son,

350
00:23:56.010 --> 00:24:00.830
you go to university and if you have one year or

351
00:24:00.830 --> 00:24:04.870
two years, and after that you quit whatever we could, we cannot support you,

352
00:24:05.230 --> 00:24:08.150
whatever. Okay? At least you can say, you know what?

353
00:24:08.300 --> 00:24:12.190
I went to the university and I had two year of medicine, uh, uh,

354

00:24:12.290 --> 00:24:16.030

one year of medicine people. That was the mentality.

355

00:24:17.390 --> 00:24:21.370

That was the mentality. It is not, they say, no,

356

00:24:22.030 --> 00:24:27.000

you go and want to go there and go to plant. So then top of the mountain.

357

00:24:27.990 --> 00:24:32.400

[Nolan] Yeah. So that hell a good thing. You had such, um, supportive parents.</v>

358

00:24:32.590 --> 00:24:35.960

[Dr. Salvador Forcina] That's, uh, that's good. That's, see, we have, that's the important thing.</v>

359

00:24:35.960 --> 00:24:38.880

That's what I'm saying. Because here in United States, you know,

360

00:24:38.950 --> 00:24:41.240

family is the more important thing.

361

00:24:41.950 --> 00:24:46.060

My parents couldn't give me materialistic and couldn't gimme nothing,

362

00:24:46.320 --> 00:24:47.740

but they gimme the support.

363

00:24:47.920 --> 00:24:52.820

And they opened my eyes because I saw how they

364

00:24:52.820 --> 00:24:55.460

had to struggle, how to, to.

365

00:24:55.470 --> 00:24:59.820

[Nolan] So did they, did they go to America with you or did you go alone? No.</v>

366

00:24:59.820 --> 00:25:04.460

[Dr. Salvador Forcina] No, I went alone. I went to Italy and from Italy flew to United States.</v>

367

00:25:04.760 --> 00:25:05.820

[Nolan] And ah, okay.</v>

368

00:25:05.880 --> 00:25:10.860

[Dr. Salvador Forcina] And here by have my cousin and aunt with whom I was</v>

369

00:25:10.860 --> 00:25:14.840

staying there until, you know, I had, you had to,

370

00:25:14.870 --> 00:25:19.140

what happened was, first of all, I had to take a English lesson,

371

00:25:19.140 --> 00:25:23.310

had to New York University, and of course nothing is free here.

372

00:25:23.310 --> 00:25:27.230

I had to borrow money for my uncle and family

373

00:25:28.210 --> 00:25:32.210

and eventually pay of course after years. And, um,

374

00:25:32.210 --> 00:25:36.150

and I had to take those courses.

375

00:25:38.360 --> 00:25:38.930

[Nolan] So now

376

00:25:38.930 --> 00:25:42.910

Yeah. Oh, sorry. Is this, um, the thinking about the language is,</v>

377

00:25:43.770 --> 00:25:46.710

was it easier for you to learn Spanish or English?

378

00:25:47.140 --> 00:25:52.030

[Dr. Salvador Forcina] Well see Spanish, well, I was eight years old when I went there.</v>

379

00:25:52.860 --> 00:25:55.230

[Nolan] Okay. Spanish more naturally.</v>

380

00:25:55.680 --> 00:25:57.990

[Dr. Salvador Forcina] Kicking the ball in the street going.</v>

381

00:25:58.690 --> 00:26:02.990

But I was 28 years old when I came to this country in the United States.

382

00:26:03.890 --> 00:26:04.723

[Nolan] Okay.</v>

383

00:26:04.880 --> 00:26:07.500

[Dr. Salvador Forcina] And it only happened, like I say before,</v>

384

00:26:07.830 --> 00:26:10.860

my degree was not recognized here.

385

00:26:12.070 --> 00:26:16.520

I learned — need to be practicing medicine in the United States.

386

00:26:16.690 --> 00:26:21.470

At that time, I don't know today you had to take a special exam, cor,

387

00:26:22.260 --> 00:26:26.050

foreign Medical, foreign Educational council,

388

00:26:26.050 --> 00:26:27.490

foreign medical graduate.

389

00:26:27.680 --> 00:26:31.170

This is an exam that was given all over the world.

390

00:26:31.650 --> 00:26:36.570

American Embassy for the foreign graduate and the American graduate

391

00:26:36.810 --> 00:26:38.010

outside United States.

392

00:26:39.310 --> 00:26:42.610

And of course at that time when they were taking like 30,000 people were taking

393

00:26:42.610 --> 00:26:47.240

an exam and they were opening was maybe 3000, something like that.

394

00:26:48.250 --> 00:26:51.640

And they did,

395

00:26:51.710 --> 00:26:54.630

when I came to United States,

396

00:26:56.120 --> 00:26:59.570

I find out about the exam. There were multiple choices,

397

00:27:00.960 --> 00:27:04.770

this type of exam, and never saw this exam in my life.

398

00:27:05.420 --> 00:27:10.290

So imagine 28 years old to, to recently, in very short time,

399

00:27:10.470 --> 00:27:14.850

you had to reason and have an answer to make a, uh,

400

00:27:15.530 --> 00:27:18.710

to tell you the truth,

401

00:27:18.710 --> 00:27:20.990

when I went to take the first exam in New York,

402

00:27:22.240 --> 00:27:25.990

it was a big ballroom, maybe a thousand doctor or whatever.

403

00:27:27.360 --> 00:27:32.270

And that having such a headache,

404

00:27:32.270 --> 00:27:37.000

such that I used to get up, go drink some water, walk.

405

00:27:38.970 --> 00:27:43.560

So suddenly the proctor say, you've got half an hour to finish.

406

00:27:44.330 --> 00:27:48.870

And of course I was, I'm familiar with the situation,

407

00:27:49.500 --> 00:27:51.230

I start, I panic

408

00:27:53.260 --> 00:27:55.960

and I start to B, B, C, C, D, D.

409

00:27:56.250 --> 00:28:00.450

So of course end up in a disaster, you know.

410

00:28:01.220 --> 00:28:03.170

[Nolan] So you didn't pass the first time?</v>

411

00:28:04.790 --> 00:28:09.260

[Dr. Salvador Forcina] No, no. This is a, eh, this is a big exam. This is,</v>

412

00:28:09.260 --> 00:28:14.060

I wasn't, anyhow, eventually, excuse me.

413

00:28:14.410 --> 00:28:19.260

I made experience, I learned, I start to talk to some people, whatever.

414

00:28:19.260 --> 00:28:24.000

Okay, so final limit your pass. Now, when I passed this exam,

415

00:28:24.350 --> 00:28:25.320

I cannot practice.

416

00:28:25.550 --> 00:28:30.010

I had to apply to special hospital where you special,

417

00:28:30.310 --> 00:28:31.490

you end up with you,

418

00:28:31.490 --> 00:28:35.320

you five year old training in search,

419

00:28:35.320 --> 00:28:38.880

internship and residence program. So you live almost,

420

00:28:38.880 --> 00:28:43.240

you're in coal every other than night. You're, you work, you work in Glen.

421

00:28:43.240 --> 00:28:47.880

Very hard. Very, but you know, that had been my life.

422

00:28:48.910 --> 00:28:51.790

[Nolan] Yeah. Ah, life of an immigrant.</v>

423

00:28:51.790 --> 00:28:56.510

Now for the acculturation experience is what I find interesting is that

424

00:28:57.120 --> 00:29:01.630

in Argentina there's a very big Italian community as well.

425

00:29:01.630 --> 00:29:03.710

Especially when you had to go, right? Yes, yes.

426

00:29:03.710 --> 00:29:05.510

And the same in the United States.

427

00:29:05.510 --> 00:29:10.470

There's also a large Italian community of immigrants. Yeah. So for you, in,

428

00:29:10.470 --> 00:29:14.870

in both cases, uh, did you find that you, um,

429

00:29:15.580 --> 00:29:20.350

that you, your family or you yourself surround was,

430

00:29:20.350 --> 00:29:24.230

uh, found many Italians to find support?

431

00:29:24.330 --> 00:29:27.830

And did you find yourself within an Italian community at all?

432

00:29:28.220 --> 00:29:32.410

[Dr. Salvador Forcina] Well, in Argentina, where my parents went, there was a,</v>

433

00:29:32.480 --> 00:29:36.190

they built this factory. They were maybe like a 60,

434

00:29:37.060 --> 00:29:41.640

around 60 Italian family in which we were

435

00:29:41.640 --> 00:29:44.360

carpenter, and so,

436

00:29:46.260 --> 00:29:50.360

and they were almost living in the, in the community.

437

00:29:51.510 --> 00:29:55.810

But the difference was there was because of the war,

438

00:29:56.640 --> 00:29:57.500

the ignorance,

439

00:29:59.370 --> 00:30:03.880

me and somebody else went to school or the other went to work

440

00:30:04.400 --> 00:30:07.620

and they became, one was an extension.

441

00:30:07.620 --> 00:30:10.100

The poverty that they have in Italy,

442

00:30:10.190 --> 00:30:14.980

poverty economically and poverty intellectually.

443

00:30:15.790 --> 00:30:18.280

So when you had that,

444

00:30:18.510 --> 00:30:21.440

that type of poverty that create

445

00:30:22.910 --> 00:30:25.580

animosity, jealousy

446

00:30:29.200 --> 00:30:32.790

in and possibility were limited

447

00:30:33.730 --> 00:30:38.470

possibility. So they just keep, the only thing they afford more food,

448

00:30:38.470 --> 00:30:42.930

more me, but it was an extension than what they have,

449

00:30:43.110 --> 00:30:45.330

the life they have in Italy. At that time.

450

00:30:46.160 --> 00:30:50.210

United States was different because United States, you come,

451

00:30:51.120 --> 00:30:56.100

you, when I came to this country, I saw the opportunity,

452

00:30:56.720 --> 00:30:57.450

the,

453

00:30:57.450 --> 00:31:02.420

I remember I was say stay with my uncle now close to

454

00:31:02.420 --> 00:31:05.700

the, no, a few blocks away. It was a big hospital,

455

00:31:05.730 --> 00:31:07.500

in the center there.

456

00:31:08.100 --> 00:31:11.560

And I used to go to the library there to to study,

457

00:31:13.180 --> 00:31:15.190

used to, and in the way back,

458

00:31:16.810 --> 00:31:20.620

particular day in the sidewalk, there were bicycle,

459

00:31:20.770 --> 00:31:23.140

they were tricycle, they were the,

460

00:31:23.160 --> 00:31:27.140

the garbage put outside from the, to be picked up.

461

00:31:27.280 --> 00:31:30.770

The refrigerator were,

462

00:31:31.120 --> 00:31:35.850

I was not used to that because over there in Argentina,

463

00:31:37.620 --> 00:31:42.070

I never saw such a thing. You don't throw away anything. Just to give tape.

464

00:31:42.100 --> 00:31:46.840

Just to go back a little bit, to give it back in Argentina,

465

00:31:46.840 --> 00:31:51.020

what happened was, what? In La Plata,

466

00:31:52.130 --> 00:31:56.010

I, I used to get up, woke up all the time.

467

00:31:56.210 --> 00:32:00.410

But when I had to take the exam preparation around four o'clock in the morning

468

00:32:00.790 --> 00:32:04.690

and was so cold because it's humid there.

469

00:32:04.980 --> 00:32:08.370

So what happened was, I used to have a pajama. I used to have my pants,

470

00:32:08.680 --> 00:32:12.330

I did a sweater and I used to bundle up with the,

471

00:32:12.480 --> 00:32:17.090

with the blanket and, and you shaking or whatever. Okay.

472

00:32:17.240 --> 00:32:22.130

That's, so one day we were walking back from the university for the

473

00:32:24.140 --> 00:32:27.380

faculty, and we saw this, um,

474

00:32:28.880 --> 00:32:31.760

throw, thrown away this, um,

475

00:32:32.580 --> 00:32:36.300

to heat, to cook.

476

00:32:36.430 --> 00:32:38.060

It was a simple thing.

477

00:32:42.340 --> 00:32:46.050

So they was all rusty, whatever. So we pick it up that,

478

00:32:46.470 --> 00:32:48.370

and we took it to our place,

479

00:32:49.250 --> 00:32:54.070

and we went to the harvest store. We bought 700 feet for plastic,

480

00:32:55.340 --> 00:33:00.120

a plastic tube. And we connect from the kitchen, the,

481

00:33:00.970 --> 00:33:05.920

to this place, this thing here. And we'll warm up the house, the room.

482

00:33:06.700 --> 00:33:11.570

Of course, looking back now, we could have with carbon monoxide or whatever.

483

00:33:11.600 --> 00:33:12.433

[Nolan] Yeah.</v>

484

00:33:13.340 --> 00:33:18.090

[Dr. Salvador Forcina] We were irresponsible, but we also aware you leave the moment.</v>

485

00:33:19.170 --> 00:33:23.870

You leave the moment. And so risk were there all the time.

486

00:33:24.920 --> 00:33:27.360

So anyhow, yeah.

487

00:33:28.220 --> 00:33:31.970

[Nolan] So all, all of this, all this, all of this adversity, um,</v>

488

00:33:31.970 --> 00:33:36.930

I've read about your book. Of course your book comes out in, uh, on March 14th.

489

00:33:36.980 --> 00:33:40.450

So I haven't read the book yet. Just, uh, what it's going to be about.

490

00:33:40.710 --> 00:33:45.290

And I know you write a lot about this adversity and how to

491

00:33:45.890 --> 00:33:49.090

overcome this. Yeah. Through having a goal, um,

492

00:33:49.090 --> 00:33:54.090

through having love in your life. And a lot of this makes me think of,

493

00:33:54.540 --> 00:33:58.890

um, Victor Frankl's Man's Pursuit of Meaning as well.

494

00:33:58.890 --> 00:34:01.250

Are you familiar with the I'm.

495

00:34:01.250 --> 00:34:02.083

[Dr. Salvador Forcina] Not.</v>

496

00:34:02.160 --> 00:34:04.210

[Nolan] Okay. So well, I'll just,</v>

497

00:34:04.210 --> 00:34:07.490

I'll quickly go over it cause I'm just curious about your insights and any,

498

00:34:07.930 --> 00:34:12.740

anything to add to this because, uh, Victor Frankl, uh,

499

00:34:12.870 --> 00:34:15.780

he writes Man's Search of, uh, search for Meaning,

500

00:34:16.000 --> 00:34:19.740

and he describes his experiences as a prisoner in, uh,

501

00:34:19.740 --> 00:34:22.100

Nazi concentration camps. Oh.

502

00:34:22.300 --> 00:34:25.220

[Dr. Salvador Forcina] [Inaudible] Are you talking about Ann Frank? No, I'm sorry. No.</v>

503

00:34:25.220 --> 00:34:27.860

[Nolan] No, no. Vic Victor Frankl. Frankl, um, yeah.</v>

504

00:34:27.860 --> 00:34:30.420

[Dr. Salvador Forcina] Yeah. Okay. No, and I'm not familiar.</v>

505

00:34:31.150 --> 00:34:34.880

[Nolan] Okay. And he, he comes up with, uh, like lo logo therapy.</v>

506

00:34:35.020 --> 00:34:39.680

And what it kind of comes down to is that humans need to

507

00:34:40.240 --> 00:34:45.160

identify their purpose in life. And if you have that purpose,

508

00:34:45.830 --> 00:34:50.240

then you are able to withstand some of these horrors

509

00:34:50.500 --> 00:34:55.040

and, and try to get through this extreme, um, adversity.

510

00:34:55.370 --> 00:35:00.000

So I was wondering if you see any connections there with your work

511

00:35:00.170 --> 00:35:03.880

or, um, with your, with your life stories?

512

00:35:03.880 --> 00:35:07.970

[Dr. Salvador Forcina] Yeah, I think so. I think so, because there has to be a purpose.</v>

513

00:35:08.400 --> 00:35:13.170

Okay. To me, the purpose was to climb the mountain to me,

514

00:35:13.460 --> 00:35:16.210

to reach the top of the mountain. That was my goal,

515

00:35:17.200 --> 00:35:19.430

because I'm in the valley.

516

00:35:19.690 --> 00:35:23.430

The valley is dark because the sun is behind the mountain.

517

00:35:23.800 --> 00:35:28.680

So how all the shape. And so, so what happened?

518

00:35:29.140 --> 00:35:32.600

You had to settle a goal. Do you want to be somebody?

519

00:35:33.960 --> 00:35:38.790

Of course, I want be somebody. But you see what happened.

520

00:35:39.340 --> 00:35:43.190

I didn't have the view, that when I came to United States,

521

00:35:43.940 --> 00:35:48.630

I saw that the possibility were immense and there was more possibility

522

00:35:48.630 --> 00:35:52.260

for me to succeed. When I was in Argentina,

523

00:35:53.330 --> 00:35:57.300

I saw my parents. When it is like, you go one step forward and,

524

00:35:57.300 --> 00:36:02.250

one step backward. My parents were in Argentina for 30 years.

525

00:36:02.480 --> 00:36:06.330

They worked very hard. Whatever they have accomplished economically,

526

00:36:06.490 --> 00:36:11.010

their revolution came. They were plenty of revolution there. The flesh of him,

527

00:36:11.010 --> 00:36:14.990

they lost everything overnight, say.

528

00:36:15.280 --> 00:36:19.060

So that's the system in which

529

00:36:20.240 --> 00:36:25.200

I grew up. So you had to have a goal, and you had to work for the goal.

530

00:36:25.330 --> 00:36:28.200

Of course, everybody had different experience

531

00:36:30.000 --> 00:36:33.540

and their goal can be modified or whatever. But for me,

532

00:36:34.110 --> 00:36:38.140

my life had been, I had to climb the Himalaya.

533

00:36:38.900 --> 00:36:43.140

How many people down line try to climb in a mountain?

534

00:36:43.940 --> 00:36:44.560

The Himalaya.

535

00:36:44.560 --> 00:36:49.300

But how many people come reach the top and put the flag and say,

536

00:36:49.410 --> 00:36:53.970

I conquered, I, you know, not too many people that,

537

00:36:53.970 --> 00:36:58.060

that's the way I saw my life. But of course, as that dream,

538

00:36:59.150 --> 00:37:01.480

I start to see, for me in life

539

00:37:03.210 --> 00:37:06.070

was like being in a town tunnel, dark tunnel.

540

00:37:07.080 --> 00:37:10.980

And it was at the end of the tunnel, there was a dim light,

541

00:37:12.170 --> 00:37:12.930

small light.

542

00:37:12.930 --> 00:37:13.330

[Nolan] Now,</v>

543

00:37:13.330 --> 00:37:18.250

what advice do you have for people to hold on to that light or hold onto

544

00:37:18.250 --> 00:37:22.170

to that goal in the face of this darkness or in the face of this adversity?

545

00:37:22.170 --> 00:37:24.080

[Dr. Salvador Forcina] Well, first of all, you hit,</v>

546

00:37:24.420 --> 00:37:28.770

you had to have motivation inside a desire.

547

00:37:29.030 --> 00:37:30.170

You had to be hungry.

548

00:37:31.400 --> 00:37:35.140

[Nolan] And do you believe that people can be born with motivation?</v>

549

00:37:35.140 --> 00:37:39.660

Or is this something that people learn through the circumstances in their lives?

550

00:37:39.660 --> 00:37:43.940

Like, do you think certain people are born more resilient?

551

00:37:44.030 --> 00:37:48.580

Or do you think that anyone has the opportunity to be resilient to

552

00:37:48.580 --> 00:37:49.820

failures and.

553

00:37:49.850 --> 00:37:53.020

[Dr. Salvador Forcina] Well, I would imagine that maybe there isn't the DNA,</v>

554

00:37:53.160 --> 00:37:55.260

the particular spot there,

555

00:37:55.260 --> 00:38:00.060

or general common sense is telling me we are born

556

00:38:00.220 --> 00:38:01.053

naked.

557

00:38:02.940 --> 00:38:06.480

And you wrap yourself around with the surrounded.

558

00:38:06.570 --> 00:38:09.360

So that's why it's very important to have parents,

559

00:38:11.470 --> 00:38:14.500

to have a family, to have a panel. Because

560

00:38:16.470 --> 00:38:20.330

listen, look at the, in the jungle, in the forest, the,

561

00:38:20.750 --> 00:38:23.650

the deer, whatever, have the baby there.

562

00:38:24.070 --> 00:38:26.370

And the baby is unprotected.

563

00:38:26.370 --> 00:38:30.320

What is the chance for the baby that deer to succeed?

564

00:38:32.270 --> 00:38:33.300

So they,

565

00:38:33.300 --> 00:38:37.720

you have to have your parents because the pen can give you love,

566

00:38:39.480 --> 00:38:43.780

can give you maybe roof. I can, in the moment of depression,

567

00:38:43.910 --> 00:38:48.670

in the moment you are down, they can hug you. They can hold you hand.

568

00:38:49.260 --> 00:38:54.110

I remember my mother used to tell me so many time I was nervous.

569

00:38:54.110 --> 00:38:58.230

Many times I was ready to quit more than once because, you know,

570

00:38:58.460 --> 00:39:03.110

I had to climb the mountain, but I didn't have any shoes. I didn't have gloves.

571

00:39:03.220 --> 00:39:06.350

I had to barefooted. And you know, you bleed.

572

00:39:07.990 --> 00:39:11.880

You know, that was a hero. Whatever, you know, I was,

573

00:39:11.880 --> 00:39:16.020

I want to go beyond what was my

574

00:39:16.630 --> 00:39:17.463

to achieve.

575

00:39:19.560 --> 00:39:24.490

[Nolan] What about for those who don't have family to fall back on</v>

576

00:39:24.490 --> 00:39:27.890

because you, you didn't at some points in your life as well, right?

577

00:39:27.890 --> 00:39:30.090

Because when you, as you said in the boarding school,

578

00:39:30.090 --> 00:39:33.930

you experienced this type of loneliness. So in that case,

579

00:39:33.930 --> 00:39:36.130

what did you fall back on to keep going?

580

00:39:36.970 --> 00:39:41.500

[Dr. Salvador Forcina] Well, I had to, there were, I didn't have a choice. I just, okay,
[laughter] ;,</v>

581

00:39:41.500 --> 00:39:44.140

I had to, you know, I had to keep going.

582

00:39:44.280 --> 00:39:48.780

But the advice I have today is different because first of all, in they,

583

00:39:48.850 --> 00:39:52.180

this area, internet, look at, look at what we are doing here.

584

00:39:52.360 --> 00:39:56.500

I'm talking to you. You see me, I see you. And, and we are changing.

585

00:39:59.620 --> 00:40:03.890

We change an opinion. So today the,

586

00:40:03.910 --> 00:40:07.610

the environment is different. You see, when I was in Argentina,

587

00:40:07.960 --> 00:40:12.850

I had to study without books. I had to, I, I couldn't,

588

00:40:12.850 --> 00:40:16.770

my parents couldn't buy books. So what happened was, my friend,

589

00:40:16.770 --> 00:40:19.250

they were wealthy on Friday afternoon.

590

00:40:19.600 --> 00:40:22.530

They used to go to Buenos Aires for La Plata. They bueno,

591

00:40:22.530 --> 00:40:26.210

have a good time and come back Monday, early in the morning, whatever.

592

00:40:27.150 --> 00:40:30.440

That was the time when I, I got their books and I,

593

00:40:31.560 --> 00:40:34.090

I study with their books, make note and this and that.

594

00:40:35.220 --> 00:40:40.010

So this the motivation, the desire. Everybody have a good time. I could,

595

00:40:40.010 --> 00:40:41.930

I afford to have a good time when they have the money.

596

00:40:42.780 --> 00:40:47.100

Maybe if I have the money, then my parents could provide for me everything.

597

00:40:47.100 --> 00:40:51.140

Maybe I, I won't have accomplished anything because you know, what happened,

598

00:40:52.360 --> 00:40:53.500

say one. You know,

599

00:40:54.400 --> 00:40:57.410

I have everything when you have to go the extra mile.

600

00:40:59.520 --> 00:41:02.950

So the the important, now we were talking about the guy,

601

00:41:03.250 --> 00:41:07.030

you have the internet, you have the teacher today,

602

00:41:07.450 --> 00:41:11.550

you have the coaches. Four minute, definitely you have the priest,

603

00:41:11.550 --> 00:41:15.510

the rabbi or the uh, uh, minister or whatever.

604

00:41:15.920 --> 00:41:20.390

Or you have a friend, dear friend or whatever. So life today,

605

00:41:20.650 --> 00:41:25.210

the communication is much easier, much is better.

606

00:41:26.000 --> 00:41:26.833

[Nolan] Mm-hmm.

607

00:41:28.180 --> 00:41:31.600

And I know that's something else that you write about in your book.</v>

608

00:41:31.940 --> 00:41:36.560

You talk about the, of relationships and helping others. Yes. Right?

609

00:41:36.560 --> 00:41:40.680

That a big thing to stay motivated is knowing that you're doing something for

610

00:41:40.680 --> 00:41:42.360

other people in this world.

611

00:41:42.370 --> 00:41:43.880

[Dr. Salvador Forcina] Yes. Because so, yes.</v>

612

00:41:45.050 --> 00:41:46.040

[Nolan] Oh, continue.</v>

613

00:41:46.040 --> 00:41:49.280

[Dr. Salvador Forcina] Sorry. Yeah. So first of all, being a doctor,</v>

614

00:41:50.170 --> 00:41:52.860

I had been a, I'm a surgeon. I was a surgeon.

615

00:41:53.130 --> 00:41:58.060

I did general surgeon trauma and avascular bypasses

616

00:41:58.630 --> 00:42:00.300

in the last 15 of my life.

617

00:42:00.300 --> 00:42:04.980

I did advance laparoscopy is a new thing that there was no training before.

618

00:42:05.130 --> 00:42:10.020

I have to take special courses in which through small holes in the

619

00:42:10.020 --> 00:42:14.020

belly and when they come and the video you do, uh,

620

00:42:14.880 --> 00:42:18.500

the sophisticated surgeon. And I was very good at that.

621

00:42:18.720 --> 00:42:23.340

But in order to do all the, to look, do all that, you have to have motivation.

622

00:42:23.480 --> 00:42:28.260

The desire, I, I finished my training. I could have said, no, I,

623

00:42:28.280 --> 00:42:32.780

I'm clamped over this. No, I want all the time to go beyond the same thing.

624

00:42:32.780 --> 00:42:35.380

When I went, I graduated in Argentina,

625

00:42:36.090 --> 00:42:40.970

and I'm going to tell you enormous opinion now. Okay?

626

00:42:42.150 --> 00:42:46.930

My friend at that time, you were a professional,

627

00:42:46.930 --> 00:42:50.650

you were a doctor. So what did they do? They married, well,

628

00:42:50.700 --> 00:42:55.130

they're married to the daughter of estanciero. I have many.

629

00:42:55.670 --> 00:43:00.130

And so, and maybe they were so well off that they had,

630

00:43:00.130 --> 00:43:03.810

they didn't have to practice medicine, they didn't specialize, whatever. But no,

631

00:43:03.810 --> 00:43:06.130

for me it was all the time the opposite.

632

00:43:07.400 --> 00:43:10.380

I want to be something. And,

633

00:43:10.480 --> 00:43:14.940

and I felt very proud because my parents, excuse me,

634

00:43:14.980 --> 00:43:19.500

leave to see me, excuse me, leave to see me.

635

00:43:21.210 --> 00:43:25.380

Came to United States of several s during, during the life.

636

00:43:26.660 --> 00:43:29.520

And they saw me to be chief, a surgeon in two hospital.

637

00:43:30.630 --> 00:43:31.463

[Nolan] Wonderful.</v>

638

00:43:31.490 --> 00:43:33.950

[Dr. Salvador Forcina] And this is the, it's only a few miles from,</v>

639

00:43:34.090 --> 00:43:38.530

for New York and New Jersey, only a few miles.

640

00:43:38.870 --> 00:43:42.090

And uh, so, you know, they,

641

00:43:43.910 --> 00:43:45.010

the thing is that

642

00:43:47.360 --> 00:43:50.090

they couldn't gimme everything, but I,

643

00:43:50.090 --> 00:43:53.090
they gimme the desire to succeed,

644
00:43:53.620 --> 00:43:57.880
to be and go beyond what they have accomplished.

645
00:43:58.480 --> 00:44:03.220
And that's my desire to everybody. Because the reason, when I wrote this cook,

646
00:44:05.200 --> 00:44:07.710
we used to go, when we were young with my wife,

647
00:44:07.710 --> 00:44:10.190
we used to go to different parties here.

648
00:44:10.800 --> 00:44:14.980
And all the time you meet different people, politician, lawyer, whatever,

649
00:44:14.980 --> 00:44:18.020
teachers, whenever common people, whatever.

650
00:44:19.460 --> 00:44:23.520
And they used to, we start to talk and they say, Dr. Forcina

651
00:44:23.520 --> 00:44:28.120
for when you come Italy. Oh, Italy, you know what, with my husband,

652
00:44:28.370 --> 00:44:32.800
we go to Italy. Uh, we went to Italy. Italy several times. We like the food.

653
00:44:32.890 --> 00:44:37.850
We went this, we went to that. And so, and I, I like history, whatever.

654

00:44:37.900 --> 00:44:40.690

So I read a lot. I traveled a lot. I,

655

00:44:40.720 --> 00:44:43.250

when my parents were alive for many years,

656

00:44:43.250 --> 00:44:47.010

I used to go with my family every year. And many time I used to go alone,

657

00:44:47.810 --> 00:44:52.810

visit my parents and eventually travel all over, all over Italy.

658

00:44:53.220 --> 00:44:57.570

Because I like the history, I like the music, I like the, I like the art,

659

00:44:57.630 --> 00:45:02.340

you see? And so what happened, I start to talk and then,

660

00:45:03.520 --> 00:45:07.580

and when the conversation came about, well you, Italy,

661

00:45:07.800 --> 00:45:09.300

how come you went to Argentina?

662

00:45:09.480 --> 00:45:13.060

All this that I mentioned before used to come out.

663

00:45:13.670 --> 00:45:16.850

And some people they,

664

00:45:16.980 --> 00:45:21.970

in which the parents or grandparents and also some

665

00:45:21.970 --> 00:45:24.570

of them, they were Russian Jew. I have one friend of mine,

666

00:45:24.720 --> 00:45:28.210

they were Tony that in he, a chapter about him,

667

00:45:28.860 --> 00:45:32.590

this guy engineer for MIT, he got,

668

00:45:33.260 --> 00:45:38.180

when he was elect 250 patents. So,

669

00:45:38.200 --> 00:45:42.660

and he, a ancestor were Russian Jew from Siberia. Also,

670

00:45:42.660 --> 00:45:46.860

They came in 1800 and they had to struggle. The same thing. Nothing.

671

00:45:47.360 --> 00:45:51.540

But this country give the opportunity, they put the lie there,

672

00:45:52.290 --> 00:45:56.060

they, you see the liar, the far, far away. And you can walk,

673

00:45:56.970 --> 00:46:00.120

go try to reach that direction.

674

00:46:00.860 --> 00:46:04.670

[Nolan] Yeah. Yeah. It's amazing. And there, there's some stats on that too,</v>

675

00:46:04.670 --> 00:46:06.830

in America where most of the,

676

00:46:07.050 --> 00:46:11.670

the big companies and a lot of these successful people are immigrants. Yes.

677

00:46:11.830 --> 00:46:16.830

[Dr. Salvador Forcina] Right. And as a matter of fact, those are the guys. They work hard.</v>

678

00:46:17.530 --> 00:46:21.980

They were hard because the Indian, the Korean, whatever, because what happened,

679

00:46:22.170 --> 00:46:24.580

they, they had the opportunity in their country.

680

00:46:24.580 --> 00:46:28.620

They come here as an open field. So that's why,

681

00:46:29.190 --> 00:46:33.270

going back to the, when I was saying the motivation, why I wrote this book,

682

00:46:35.350 --> 00:46:40.230

you know, many times they told me, when I was telling you what interesting,

683

00:46:40.230 --> 00:46:44.030

you should write down this. And, and I never pay attention because, you know,

684

00:46:44.030 --> 00:46:48.590

I was busy with my practice. I didn't have time. But when I, okay, and then,

685

00:46:50.010 --> 00:46:54.150

and I say, who, who tired If it's a right book and this, so anyhow,

686

00:46:54.150 --> 00:46:55.310

when I retire,

687

00:46:56.280 --> 00:46:59.670

retired to Florida and I have more time.

688

00:47:00.130 --> 00:47:03.070

And my granddaughter was born Leno.

689

00:47:03.370 --> 00:47:07.950

Now she said it's going to be eight years old in April. In May.

690

00:47:08.290 --> 00:47:11.670

May. So what happened was to think about,

691

00:47:12.630 --> 00:47:14.930

and I start to write down thing, write down,

692

00:47:14.930 --> 00:47:19.530

say eventually I send a copy to my daughter, said A that's beautiful.

693

00:47:19.630 --> 00:47:24.390

You should write and keep writing. He writing to took me,

694

00:47:24.490 --> 00:47:28.320

you know, took me years.

695

00:47:29.890 --> 00:47:33.900

This book came about. And the reason why I wrote this book,

696

00:47:33.900 --> 00:47:37.700

and I dedicate this book to my granddaughter, Leno.

697

00:47:39.240 --> 00:47:43.480

because you know, I'm have a certain age, I,

698

00:47:43.480 --> 00:47:48.270

how long I going to be around, but I, of course I want the best for Leno.

699

00:47:48.610 --> 00:47:52.910

And I know when she's going to be a teenager, a difficult year,

700

00:47:54.160 --> 00:47:56.840

maybe more than one situation.

701

00:47:56.840 --> 00:48:01.500

She had to make difficult choices. Perhaps,

702

00:48:01.670 --> 00:48:06.590

perhaps this book one night where she's

703

00:48:06.590 --> 00:48:07.470

down whatever,

704

00:48:07.490 --> 00:48:12.330

she pick up this book and she start to read and start to

705

00:48:12.330 --> 00:48:14.290

think my grandpa look at.

706

00:48:17.450 --> 00:48:22.110

[Nolan] Now you, you talk a lot about the, the accomplishments and um,</v>

707

00:48:22.110 --> 00:48:27.030

you talk very fondly about America and the opportunities that you had in

708

00:48:27.030 --> 00:48:30.950

America Yes. As an immigrant, right? So you really have this story of the,

709

00:48:30.970 --> 00:48:34.470

the American dream as an immigrant. Yes. But nowadays,

710

00:48:34.680 --> 00:48:37.470

do you feel that immigrants, uh,

711

00:48:37.470 --> 00:48:42.390

in America still have more opportunities in America than let's say,

712

00:48:42.390 --> 00:48:44.070

some other places around the world?

713

00:48:44.070 --> 00:48:48.110

Or do you think it's becoming more difficult to achieve these opportunities?

714

00:48:49.330 --> 00:48:53.550

[Dr. Salvador Forcina] Opportunities there as if you look at the border,</v>

715

00:48:53.590 --> 00:48:57.790

there are millions of people. They're going through the desert,

716

00:48:59.690 --> 00:49:03.870

pay the coyote. Come to... still.

717

00:49:03.980 --> 00:49:06.550

I don't see many people. Well,

718

00:49:06.550 --> 00:49:11.190

in Europe you have the situation of Africa going through Mediterranean and

719

00:49:11.300 --> 00:49:15.310

people are desperate, but, you know,

720

00:49:16.100 --> 00:49:16.590

need.

721

00:49:16.590 --> 00:49:20.950

[Nolan] People. That's what I was going to ask as well. When we look at Europe, um,</v>

722

00:49:21.010 --> 00:49:23.430

and then America, um,

723

00:49:23.620 --> 00:49:28.470

I wonder if immigrants in Europe have more opportunities in

724

00:49:28.470 --> 00:49:29.870

America or if, uh,

725

00:49:29.870 --> 00:49:33.350

more opportunities than in America or if Europe makes it easier.

726

00:49:33.400 --> 00:49:35.110

Because what I also think about,

727

00:49:35.290 --> 00:49:39.470

and I was going to ask you what you think about the American healthcare system,

728

00:49:39.470 --> 00:49:43.270

because you've worked the healthcare system for so long. Um,

729

00:49:43.270 --> 00:49:44.310

what are your opinions?

730

00:49:44.310 --> 00:49:48.110

[Dr. Salvador Forcina] Well, you know, European system is socialized medicine.</v>

731

00:49:49.080 --> 00:49:51.670

And it has limitations.

732

00:49:53.450 --> 00:49:57.500

I have seen, I have a chapter about my mother when she was in the hospital

733

00:50:00.760 --> 00:50:05.410

I mean, when I saw there, first of all,

734

00:50:05.410 --> 00:50:08.330

this country, men, this is changing here too.

735

00:50:09.050 --> 00:50:14.030

When I was in practice was a private practice. It was a private practice.

736

00:50:15.790 --> 00:50:20.080

If I didn't do surgery, I work in the,

737

00:50:20.460 --> 00:50:24.270

the, I didn't get the salary from the hospital. I had an office.

738

00:50:24.430 --> 00:50:26.350

But of your office secretary,

739

00:50:26.820 --> 00:50:31.750

people came to my office and any surgery or were referred

740

00:50:31.750 --> 00:50:34.310

to me by other doctor that knew me.

741

00:50:35.330 --> 00:50:38.280

So I scheduled the surgeon in the hospital,

742

00:50:39.370 --> 00:50:41.990

but the hospital doesn't pay me a penny.

743

00:50:43.640 --> 00:50:48.550

So that was the system. So anyway, you had to, there was an incentive.

744

00:50:48.650 --> 00:50:50.710

You had to work hard. You had to,

745

00:50:50.780 --> 00:50:54.550

that's why I took special courses all the time. There's a lot of money.

746

00:50:54.550 --> 00:50:58.070

You had to travel to different places, laparoscopy, da da.

747

00:50:58.280 --> 00:51:02.700

So now I see now here also

748

00:51:03.210 --> 00:51:05.570

things are changing. First of all,

749

00:51:05.680 --> 00:51:09.330

what I see here in America is the

750

00:51:10.740 --> 00:51:14.420

big corporation not taking over the control.

751

00:51:15.260 --> 00:51:19.800

And of course we, you cannot compete with them because they have the money,

752

00:51:20.150 --> 00:51:21.360

they had the connection.

753

00:51:21.650 --> 00:51:26.290

So what they do is this big corporation to your town

754

00:51:26.890 --> 00:51:30.310

and put the surgery centre five six surgery centre.

755

00:51:30.900 --> 00:51:32.710

They own three or four hospital.

756

00:51:34.550 --> 00:51:39.130

And so you are independently, you are independent. Nobody know you,

757

00:51:39.270 --> 00:51:42.900

you cannot compete with them. So what happened?

758

00:51:42.950 --> 00:51:47.520

So that's why the new resident, when they finish the training,

759

00:51:49.060 --> 00:51:50.270

nobody know you.

760

00:51:50.880 --> 00:51:55.510

So they go and we have a contract with this corporation

761

00:51:55.840 --> 00:52:00.800

in which they pay for three year to year or whatever you had

762

00:52:00.800 --> 00:52:04.080

to produce. And they pay your salary.

763

00:52:04.120 --> 00:52:05.680

at the end of three year,

764

00:52:06.170 --> 00:52:10.720

if you didn't produce or whatever you are in, in the street again.

765

00:52:12.470 --> 00:52:17.010

And, but the thing change also in this country, where is the best system?

766

00:52:17.480 --> 00:52:20.690

I think I was, because when I was in practice,

767

00:52:21.760 --> 00:52:26.370

you had to cover the emergency room cover

768

00:52:26.370 --> 00:52:27.850

emergency room. And when there was a,

769

00:52:28.330 --> 00:52:31.410

somebody with appendicitis or gal bladder, whatever, they,

770

00:52:31.560 --> 00:52:33.210

they require surgical care.

771

00:52:33.510 --> 00:52:36.170

You weren't called and you had to go to the hospital.

772

00:52:36.350 --> 00:52:37.930

Now you go to the hospital.

773

00:52:38.650 --> 00:52:41.540

Most of those people in general didn't have insurance.

774

00:52:41.950 --> 00:52:46.270

So you do the salary for free please.

775

00:52:47.440 --> 00:52:51.350

[Nolan] So, so, uh, would you do the surgery for free? Then in many cases,</v>

776

00:52:51.440 --> 00:52:55.310

do doc doctors have surgeons have that option in the United States to give the

777

00:52:55.310 --> 00:52:56.350

surgery for free?

778

00:52:56.810 --> 00:52:59.670

[Dr. Salvador Forcina] Yes. When you are covering the emergency, then is no insurance.</v>
v>

779

00:52:59.700 --> 00:53:02.190

What are you going to do? You have your have mandate.

780

00:53:02.190 --> 00:53:04.510

You can get in trouble if you refuse.

781

00:53:05.920 --> 00:53:09.890

[Nolan] Okay. Cuz I've heard so many horror stories as well, right. Where people,</v>

782

00:53:10.400 --> 00:53:12.490

they don't get covered. Um,

783

00:53:12.700 --> 00:53:17.570

or then later they are expected to pay and then they're in debt for the rest

784

00:53:17.570 --> 00:53:21.290

of their lives later. Sure. You know, like it's just even medicine wise, like,

785

00:53:21.290 --> 00:53:25.480

it's like Nexium, the, the heartburn medication in the states,

786

00:53:25.480 --> 00:53:28.960

it's \$215. Whereas in Spain it's \$58.

787

00:53:28.960 --> 00:53:31.120

In the Netherlands it's like \$23. Yeah.

788

00:53:31.120 --> 00:53:34.880

[Dr. Salvador Forcina] Sure. Of course there are, there is no a perfect system.</v>

789

00:53:35.340 --> 00:53:39.680

I'm sure there are, there are cases like that, but oh, you can have,

790

00:53:40.390 --> 00:53:42.940

if you, poverty is tricky when I work,

791

00:53:43.370 --> 00:53:47.380

they are not going to be able to collect anything because you don't have anything.

792

00:53:50.930 --> 00:53:55.560

[Nolan] It does seem like many people end up in debt because of it though, or end up.</v>

v>

793

00:53:55.690 --> 00:53:59.280

Um, like there are also stats that, uh,

794

00:53:59.280 --> 00:54:04.240

there are lower hospital or lower doctor visits in the United States than

795

00:54:04.240 --> 00:54:07.080

in many other first world countries. Right.

796

00:54:07.090 --> 00:54:11.640

Because the healthcare is so expensive or because it's so hard with

797

00:54:11.640 --> 00:54:13.120

insurance companies there.

798

00:54:13.150 --> 00:54:17.120

[Dr. Salvador Forcina] Yeah. But by law, by law in United States, I'm not a politician.</v>

799

00:54:17.220 --> 00:54:20.400

And by no United States. Yeah. [laughter] if you go to the emergency room,

800

00:54:22.080 --> 00:54:24.410

they cannot then deny you a service.

801

00:54:25.460 --> 00:54:25.950

[Nolan] Okay.</v>

802

00:54:25.950 --> 00:54:29.790

[Dr. Salvador Forcina] They cannot deny, say now the doctor doesn't get paid,</v>

803

00:54:30.470 --> 00:54:35.410

but the hospital get paid because the government allow certain

804

00:54:35.410 --> 00:54:40.150

amounts and say that beside that,

805

00:54:40.610 --> 00:54:44.790

the hospital, the bill from the hospital, in some way you can say where

806

00:54:46.670 --> 00:54:51.130

you have better insurance, something that costs \$5,000,

807

00:54:51.130 --> 00:54:54.260

maybe they going to charge you \$10,000,

808

00:54:54.260 --> 00:54:57.580

\$15,000 in some way that compensate.

809

00:54:58.560 --> 00:55:00.940

I'm not saying it's right, wrong, whatever, I'm not,

810

00:55:01.240 --> 00:55:05.610

but I'm telling you what I have seen. But see,

811

00:55:05.610 --> 00:55:09.290

but the beauty about this is that see the facility,

812

00:55:11.180 --> 00:55:15.900

whatever, you go to any hospital here you have, you have equipment,

813

00:55:16.000 --> 00:55:17.700

the you got.

814

00:55:17.710 --> 00:55:21.630

So that's why they may say the soil advance in another places.

815

00:55:22.500 --> 00:55:25.850

I have all horror story that the,

816

00:55:26.550 --> 00:55:30.610

the they, you have this lady pregnant,

817

00:55:30.890 --> 00:55:35.570

ready to deliver, they go to new hospital, I say, no, we are closed here,

818

00:55:35.570 --> 00:55:39.450

you have to go and you have to hundreds of mile away, whatever.

819

00:55:39.550 --> 00:55:44.130

And you know, I, I hear horror stories Europe about that too.

820

00:55:44.790 --> 00:55:47.960

[Nolan] Mm-hmm. Yeah. I've heard some horror stories here as well. Yeah.</v>

821

00:55:48.060 --> 00:55:51.440

But in general, I must say that the stories I've heard from countries,

822

00:55:51.440 --> 00:55:53.920

like in Belgium, especially, in Netherlands,

823

00:55:53.990 --> 00:55:57.200

I definitely hear less horror stories there than in America. [laughter] ;.

824

00:55:57.630 --> 00:56:00.000

[Dr. Salvador Forcina] Some recently the northern country,</v>

825

00:56:01.700 --> 00:56:03.550
they are more organized, I guess.

826
00:56:04.540 --> 00:56:05.880
[Nolan] Yes. .</v>

827
00:56:05.880 --> 00:56:08.760
[Dr. Salvador Forcina] Organized. The Mediterraneancountry, you know?</v>

828
00:56:10.240 --> 00:56:13.970
[Nolan] Yeah, yeah. I've, I'm experiencing that here in Spain. [laughter] ;, they just,</v>

829
00:56:13.970 --> 00:56:18.010
there does seem to be a lack of organization unless there is a party. Uh,

830
00:56:18.290 --> 00:56:20.970
the parties here I think are very well organized.

831
00:56:22.910 --> 00:56:26.000
[Dr. Salvador Forcina] Politician. Yeah, sure. The union, whatever. Oh no, not.</v>

832
00:56:26.000 --> 00:56:28.800
[Nolan] Not the, not the political parties, the, the fiestas.</v>

833
00:56:29.810 --> 00:56:32.760
[Dr. Salvador Forcina] Oh yeah, sure sangria, [laughter] ;, [laughter] ;</v>

834
00:56:34.710 --> 00:56:37.960
that. Yeah. Well, you know, listen,

835
00:56:39.670 --> 00:56:40.600
this is the world.

836

00:56:44.420 --> 00:56:48.140

Everybody act

837

00:56:50.390 --> 00:56:53.770

and glass wherever things better I guess. I don't know.

838

00:56:54.660 --> 00:56:59.060

I did my part. And you know,

839

00:56:59.060 --> 00:57:02.840

the only thing is that first of all, you,

840

00:57:03.100 --> 00:57:06.760

you don't know you have a goal. [inaudible]

841

00:57:08.960 --> 00:57:13.770

I have many friends of mine. I have many friends, and this is sad.

842

00:57:14.630 --> 00:57:16.930

They're doctors.

843

00:57:17.360 --> 00:57:22.230

They came from the South America for different countries and they have certain

844

00:57:22.230 --> 00:57:24.030

age, they have children,

845

00:57:24.380 --> 00:57:27.990

they have wife and they had to work

846

00:57:29.620 --> 00:57:33.090

to support the family.

847

00:57:33.190 --> 00:57:38.170

And at the same time they had to prepare with those exam.

848

00:57:38.510 --> 00:57:43.170

And you know, those exams are very difficult. Very difficult.

849

00:57:43.170 --> 00:57:47.970

Because you see what happened, first of all, when you come here,

850

00:57:48.990 --> 00:57:53.810

the exam is in base of what you have study all your

851

00:57:53.970 --> 00:57:58.770

life for Easter, the beginning of your career, you have anatomy, physiology,

852

00:57:59.170 --> 00:58:03.980

histology, biology, You,

853

00:58:03.980 --> 00:58:08.260

Name it. And this is during the seven year you're doing that. Now

854

00:58:10.070 --> 00:58:14.850

it's like an athlete. When you pre prepare yourself for a competition,

855

00:58:15.520 --> 00:58:16.740

you reach a peak,

856

00:58:18.400 --> 00:58:23.260

you reach the right time when you can raise around the 5,000

857

00:58:23.260 --> 00:58:28.180

mile. But doesn't mean that you can write around the 5,000 mile

858

00:58:28.910 --> 00:58:33.470

anytime. So this is the exam, what it was about,

859

00:58:33.680 --> 00:58:38.590

eh, the American people study here, take this course and run away.

860

00:58:38.590 --> 00:58:43.190

Take the exam. It's a first lead. But, but after five, six years,

861

00:58:44.230 --> 00:58:48.200

your situation is that you had to psychology all the,

862

00:58:48.200 --> 00:58:51.120

all different course you had done many, some different language.

863

00:58:52.760 --> 00:58:57.040

For instance, I study with the Spanish book and

864

00:58:58.050 --> 00:59:01.600

eh, French translation in Spanish.

865

00:59:02.840 --> 00:59:06.980

And every so English books,

866

00:59:07.070 --> 00:59:08.460

if I had known that.

867

00:59:09.960 --> 00:59:14.170

It's a different way of thinking, different, uh, interpretation.

868

00:59:14.170 --> 00:59:16.250

Different recently over there.

869

00:59:19.010 --> 00:59:22.650

Read here is more less,

870

00:59:23.540 --> 00:59:26.360

but ABC, you get there, you know.

871

00:59:27.290 --> 00:59:31.570

[Nolan] I get that. Alright. Right. Well we're coming up on an hour here.</v>

872

00:59:31.980 --> 00:59:35.290

So anything else you'd like to share? Um,

873

00:59:35.290 --> 00:59:38.490

I really love the message in here because it's something that I'm trying to

874

00:59:38.490 --> 00:59:43.330

spread with Without Borders is the importance of immigrants as

875

00:59:43.330 --> 00:59:45.090

well. Because I think, uh,

876

00:59:45.090 --> 00:59:49.620

sometimes in our world there's a lot of hatred towards

877

00:59:49.920 --> 00:59:52.820

immigration. There's a lot of, um, adversity.

878

00:59:53.440 --> 00:59:57.860

And as you've shown yourself and through your story is

879

00:59:57.860 --> 01:00:01.420

sometimes by being an immigrant it builds character.

880

01:00:01.920 --> 01:00:06.740

And those same immigrants do a lot to help people in that

881

01:00:06.740 --> 01:00:07.480

country.

882

01:00:07.480 --> 01:00:11.900

And I think we need to welcome immigrants because they can do a lot to help,

883

01:00:12.430 --> 01:00:16.540

um, the economy and of course just to help people from that country.

884

01:00:16.710 --> 01:00:19.660

Because we're not just from one nation, right.

885

01:00:19.660 --> 01:00:21.980

We're all world citizens or we all should.

886

01:00:21.980 --> 01:00:26.100

[Dr. Salvador Forcina] Yeah. I think your point is </v>

887

01:00:26.100 --> 01:00:28.970

well taken. You see immigrant,

888

01:00:29.690 --> 01:00:34.080

you have to realize the immigrant that even his own land

889

01:00:35.110 --> 01:00:39.320

with the roots, with the family, the language, the customer,

890

01:00:39.320 --> 01:00:44.190

everything is not in general is not that he

891

01:00:44.190 --> 01:00:47.470

just go to another place to have good time.

892

01:00:48.160 --> 01:00:52.190

He not look away happened in the Mediterranean. Those people,

893

01:00:52.190 --> 01:00:55.280

how many people die, they drown.

894

01:00:57.110 --> 01:01:00.400

It's not guarantee you are going to go to Europe and you're going to succeed.

895

01:01:01.020 --> 01:01:04.880

The same thing here and the border with Mexico. You know,

896

01:01:04.880 --> 01:01:08.120

they have to go to this and that, you know.

897

01:01:09.540 --> 01:01:12.160

So, but what happened?

898

01:01:12.270 --> 01:01:16.660

They had the desire to succeed, inspire that to,

899

01:01:17.070 --> 01:01:21.740

to give a better future for the, for the kids, for their life,

900

01:01:21.740 --> 01:01:26.090

for the family. So they,

901

01:01:26.660 --> 01:01:28.410

in my opinion, the immigrant should be,

902

01:01:29.980 --> 01:01:33.090

you had to see the short time,

903

01:01:34.300 --> 01:01:38.850

maybe the short time this immigrant is going to take

904

01:01:39.290 --> 01:01:42.460

resources from the taxpayer

905

01:01:43.950 --> 01:01:45.700

because he doesn't have anything.

906

01:01:46.110 --> 01:01:48.660

So somebody had to pray for to somebody and go,

907

01:01:48.660 --> 01:01:50.900

the government had to provide for the house. He,

908

01:01:51.600 --> 01:01:54.080

but eventually

909

01:01:55.790 --> 01:01:57.900

as the time passed by, he got the job

910

01:01:59.810 --> 01:02:03.530

and he had make money. Maybe he's going to buy an old house.

911

01:02:04.200 --> 01:02:07.500
I have patience manage painting.

912
01:02:08.200 --> 01:02:09.780
And we used to talk about it.

913
01:02:09.780 --> 01:02:14.340
I used to talk about it beside that as a human being. I felt being an immigrant,

914
01:02:14.490 --> 01:02:19.030
I, I went out my way to establish a relationship with

915
01:02:19.240 --> 01:02:23.580
these families. And if some of them will say, you know what,

916
01:02:23.910 --> 01:02:27.380
we, we are planning, there is this house, two story,

917
01:02:27.380 --> 01:02:31.340
house is known in the best condition, but we are hunting downstairs.

918
01:02:32.270 --> 01:02:36.910
We are going to plan to buy and we are going to fix this.

919
01:02:37.880 --> 01:02:41.380
And uh, rent up upstairs, fix the basement.

920
01:02:42.390 --> 01:02:45.010
You know? And, and that's the way you start.

921
01:02:45.610 --> 01:02:48.500
Well you built in the old country,

922

01:02:48.500 --> 01:02:51.100

used to say you built a house one brick at a time.

923

01:02:52.270 --> 01:02:56.800

Nothing happened overnight. It's,

924

01:02:57.090 --> 01:03:00.070

So eventually there, those kids,

925

01:03:02.430 --> 01:03:04.990

young kids came in from the other side of the,

926

01:03:05.560 --> 01:03:07.740

the other country or they're born here,

927

01:03:07.870 --> 01:03:12.380

they're going to go to school and they're going to have different

928

01:03:12.380 --> 01:03:15.860

ideas. They're going to see their parents and they want to be better.

929

01:03:16.040 --> 01:03:19.100

And they start business, like you were saying before,

930

01:03:19.320 --> 01:03:23.940

how many people they have a multi billionaire started the,

931

01:03:23.940 --> 01:03:27.260

the kids finish work in the garage.

932

01:03:29.600 --> 01:03:31.060

You can do something like that.

933

01:03:32.270 --> 01:03:34.300

[Nolan] Exactly. Sal,</v>

934

01:03:34.300 --> 01:03:38.420

thank you so much for coming on the show and sharing your messages with us.

935

01:03:38.420 --> 01:03:42.580

I think this is very important in this time. And again, listeners,

936

01:03:42.580 --> 01:03:45.500

the book comes out on March 14th.

937

01:03:45.500 --> 01:03:49.780

There will be a link in the description. You can pre-order it. Yes.

938

01:03:49.840 --> 01:03:52.500

And of course anyone else listening, uh,

939

01:03:52.500 --> 01:03:55.060

right now who wants to share their immigration story,

940

01:03:55.090 --> 01:03:59.660

I think it's very important because we have to break some of the misconceptions

941

01:03:59.660 --> 01:04:03.930

that people have about immigrants because it's, um, and,

942

01:04:03.930 --> 01:04:05.610

and the times that we're living in,

943

01:04:05.610 --> 01:04:10.610

it's important to understand how important it is to accept immigrants and

944

01:04:10.610 --> 01:04:14.890

of course the, the beautiful stories that come out of it. So Sal,

945

01:04:14.890 --> 01:04:17.650

thanks again for coming on the show and I'm,

946

01:04:17.650 --> 01:04:19.250

I'm looking forward to reading your work.

947

01:04:21.030 --> 01:04:25.950

[Dr. Salvador Forcina] May uh, I want to encourage people to follow me in </v>

948

01:04:26.980 --> 01:04:31.700

Inmstagram. Dr.ForicinaMD, and the book is American,

949

01:04:32.000 --> 01:04:33.260

the American ler.

950

01:04:33.680 --> 01:04:37.580

And it can be pre-ordered in Amazon and like you say,

951

01:04:37.650 --> 01:04:41.060

it's coming printed for coming out.

952

01:04:41.830 --> 01:04:46.420

[Nolan] Perfect. All right. I'll put a link of the Instagram account as well then.</v>

953

01:04:46.590 --> 01:04:47.380

Alright.

954

01:04:47.380 --> 01:04:52.220

This was With Without Borders Stories by the Inescapably Foreign. Tune in next

955

01:04:52.220 --> 01:04:52.900

time.

956

01:04:52.900 --> 01:04:54.100

[Dr. Salvador Forcina] Thank you very much.</v>