

WEBVTT

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00:00:00.380 --> 00:00:03.480

[Voices] Inescapably, inescapably.</v>

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00:00:04.180 --> 00:00:08.440

[Nolan] Inescapably Foreign. Welcome to Without Borders. I'm your host,</v>

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00:00:08.440 --> 00:00:11.800

Nolan Yuma. If this is your first time tuning into the show,

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00:00:11.800 --> 00:00:16.480

know that this is the show for expats, nomads, immigrants, refugees,

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00:00:16.480 --> 00:00:20.840

third culture kids, or anyone else that feels inescapably foreign.

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00:00:21.220 --> 00:00:24.320

And remember, if you are an English language learner,

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00:00:24.380 --> 00:00:29.040

you can access the transcript at withoutborders.fyi.

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00:00:29.350 --> 00:00:33.680

I also provide a bunch of interesting articles and written stories there as

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00:00:33.680 --> 00:00:37.960

well. Today I'm here with Eva Briatkova. Uh,

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00:00:37.960 --> 00:00:41.360

she is from Slovakia and has been living in Vancouver,

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00:00:41.360 --> 00:00:45.880

Canada for the past 12 years. Her background is in nursing,

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00:00:46.210 --> 00:00:50.560

but she's now currently working as a paramedic and a first aid, uh,

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00:00:50.560 --> 00:00:53.960

instructor we met in, uh, the experimental marketing world.

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00:00:53.960 --> 00:00:58.160

We'll touch on that later. Uh, but Eva, how are you? How are you doing today?

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00:00:58.270 --> 00:00:58.760

[Eva] Very

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00:00:58.760 --> 00:00:59.640

Well. Nice to see you.</v>

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00:01:00.520 --> 00:01:03.450

[Nolan] It's good to see you too. We haven't seen each other well.</v>

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00:01:03.540 --> 00:01:07.370

We spoke a little bit yesterday, but we haven't seen each other in six year,

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or no, I think eight years. Yeah, that's great. Before that.

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00:01:11.480 --> 00:01:12.440

[Eva] Yeah, it had been a while.</v>

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00:01:12.990 --> 00:01:15.840

[Nolan] Yeah. Yeah. Uh, so where, where are you right now?</v>

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00:01:16.540 --> 00:01:20.880

[Eva] I'm on Vancouver Island for a holiday for this, uh, winter season. Yeah.</v>

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00:01:20.880 --> 00:01:24.120

Enjoying a quiet time from a hectic Vancouver.

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00:01:24.910 --> 00:01:28.760

[Nolan] Yeah. Okay. So, uh, why has your life been so hectic lately?</v>

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00:01:29.770 --> 00:01:34.160

[Eva] Um, I think Vancouver's become hectic. Um, when you get a little bit of snow,</v>

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00:01:34.160 --> 00:01:38.120

everything is hectic in Vancouver, [laughter], so you have to disappear. [laughter]

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00:01:39.590 --> 00:01:40.840

[Nolan] Yeah. Uh,</v>

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00:01:40.840 --> 00:01:45.000

maybe some listeners might be surprised by that because often would you go

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00:01:45.000 --> 00:01:47.120

traveling? And you mentioned that you're from Canada.

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00:01:47.120 --> 00:01:51.440

People just picture snow right away. Sure. But that's not the case in Vancouver,

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00:01:51.440 --> 00:01:56.200

right? Yeah. Um, so what brought you to Canada originally?

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00:01:57.250 --> 00:02:00.410

[Eva] Um, [laughter] , my story is, um,</v>

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00:02:01.590 --> 00:02:05.200

that I follow pretty much someone else's dream, be honest to you.

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00:02:05.200 --> 00:02:09.120

And now I live in my own dream. But, uh, yeah, I used to be in love with, uh,

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00:02:09.120 --> 00:02:12.880

that time. My ex-husband, he was from Czech Republic, and, um,

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00:02:12.880 --> 00:02:15.600

that was his dream. He used to do extreme sports,

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00:02:16.130 --> 00:02:20.320

so it was always his dream to visit. And we visit first, and I love it. Um,

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00:02:20.350 --> 00:02:24.520

I just didn't know how the immigration process gonna take and how long that's

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00:02:24.520 --> 00:02:26.520

gonna take. Um, but yeah,

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00:02:26.590 --> 00:02:30.880

I kind of follow a person and his dream and it becomes my,

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00:02:31.250 --> 00:02:33.640

my life. So yeah, that's my story.

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00:02:34.700 --> 00:02:38.190

[Nolan] Okay. Well let, let's uh, get into some of the details there.</v>

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00:02:38.190 --> 00:02:40.430

What was the immigration process like for you?

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00:02:41.120 --> 00:02:46.000

[Eva] Um, Canada wasn't the first country. So I previously,

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00:02:46.000 --> 00:02:50.160

prior to Canada, I went to Czech Republic, Austria, and then Ireland.

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00:02:51.020 --> 00:02:55.440

And, uh, so when I came to Canada, I didn't expect, uh, as much,

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00:02:56.290 --> 00:03:01.000

um, time to get through all the immigrations papers and the process actually,

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00:03:01.570 --> 00:03:06.240

um, it was, it was hard to apply, um, to any type of,

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00:03:06.330 --> 00:03:09.840

of, uh, working visa for me as a nurse,

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00:03:09.850 --> 00:03:13.040

as our education doesn't transfer,

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00:03:13.040 --> 00:03:17.080

so my credential didn't transfer that time. Um, and you know, using time, right?

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00:03:17.080 --> 00:03:21.160

Like, so the more you're waiting for your credentials, the skills and uh,

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00:03:21.160 --> 00:03:26.120

the knowledge, um, has a certain time of limit, you can use it for, let's say,

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00:03:26.310 --> 00:03:29.920

evaluation or challenge the exams. So unfortunately,

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00:03:29.950 --> 00:03:34.600

That takes quite while about about five years. Uh, so you have a temporary visa,

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00:03:34.900 --> 00:03:39.040

but you need to have a permanent resident, if I'm not mistaken,

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00:03:39.460 --> 00:03:43.320

and then the citizen to be working as a nurse, you know, or in,

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00:03:43.320 --> 00:03:47.320

in any type of healthcare industry. So for me, uh, the goal was to get,

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00:03:47.320 --> 00:03:51.880

getting back to my job as soon as possible to not lose my credentials. But, um,

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00:03:51.880 --> 00:03:55.400

it didn't work that way. So that's why we met in an experiential marketing.

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00:03:56.150 --> 00:03:59.360

[Nolan] Yeah. So, but so why didn't it work out that way?</v>

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00:03:59.360 --> 00:04:03.400

So you said you have five years to challenge the exams?

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00:04:03.810 --> 00:04:08.720

[Eva] Uh, no. Five years to get all my visa in a process. So it was a long, oh,</v>

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00:04:08.720 --> 00:04:11.160

uh, it was a long time because they change, um,

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00:04:12.400 --> 00:04:14.640

quite the rules quite often, right?

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00:04:14.650 --> 00:04:19.320

So one year you can apply for a type of visa that certain type of

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00:04:19.320 --> 00:04:23.560

work, uh, is illegible. But for nurses, I haven't had that luck.

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00:04:23.690 --> 00:04:28.120

So again, my — simply put it, my, my, um,

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00:04:28.120 --> 00:04:30.600

credentials didn't transfer to here. Right.

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00:04:30.600 --> 00:04:32.720

So I would need to go back to school.

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00:04:34.310 --> 00:04:39.000

[Nolan] I hear that a lot in, in Canada's case, like doctors, nurses,</v>

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00:04:39.910 --> 00:04:44.720

even teachers. I know a teacher from England, uh, she had a master's degree,

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00:04:44.930 --> 00:04:48.760

uh, 20 years of experience, came to British Columbia and then they said,

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00:04:48.760 --> 00:04:50.680

no, you can't teach in the public schools here.

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00:04:50.680 --> 00:04:53.360

And then there's a shortage of teachers. Yeah. It's just like,

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00:04:53.360 --> 00:04:56.400

there's no logic to it whatsoever. It's ridiculous.

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00:04:56.400 --> 00:05:00.160

[Eva] Yeah, it's just like you have a shortage of nurses as well, right?

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00:05:00.200 --> 00:05:02.080

Yeah, I'm not sure how with the teachers,

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00:05:02.080 --> 00:05:06.440

but I would boldly say with nurses again, and not even doctors, like, um,

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00:05:06.980 --> 00:05:08.920

you really have to practice your skill.

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Medicine is improving all the time

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00:05:11.240 --> 00:05:14.240

and you have very limited time to just be, you know, on the track.

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00:05:15.220 --> 00:05:16.570

[Nolan] So That's true. Yeah. </v>

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00:05:16.570 --> 00:05:21.450

[Eva] That's a good, I was in the ICU, so that's very specific, um, field to have, uh,</v>

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00:05:21.450 --> 00:05:23.170

your diploma and, and it's just,

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00:05:23.170 --> 00:05:26.810

it's not really easy to just keep up with everything when you are practicing.

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00:05:28.200 --> 00:05:32.170

[Nolan] Okay. Now what if we're comparing quality of life because, um,</v>

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00:05:32.400 --> 00:05:33.450

I have to look at the numbers,

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00:05:33.450 --> 00:05:38.410

but it was 20 something thousand a year that you can get paid as

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00:05:38.410 --> 00:05:42.770

a paramedic, um, and as a nurse, uh, in Slovakia.

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00:05:42.990 --> 00:05:47.650

But of course the living expenses are way lower than in Vancouver,

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00:05:47.650 --> 00:05:50.690

Canada and in Canada in general. Um,

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00:05:50.790 --> 00:05:55.010

and just looking at that wage for relating it to in Spain, um,

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00:05:55.010 --> 00:05:58.640

which I think is probably a little bit more, more expensive than Slovakia,

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00:05:58.780 --> 00:06:00.680

but you could get, you could get by,

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00:06:00.680 --> 00:06:04.480

like you would have a decent life with that wage. Yeah. Um,

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00:06:04.480 --> 00:06:08.400

and then I was looking at the wages in, in Canada,

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00:06:08.420 --> 00:06:11.160

and they're kind of all over the place with paramedics,

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00:06:11.160 --> 00:06:15.040

and I know you're part of a union, so we can't get into the specifics there.

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00:06:16.050 --> 00:06:17.480

Um, but uh,

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00:06:17.480 --> 00:06:22.080

I read that starting out you can end up getting paid less than minimum wage,

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00:06:22.080 --> 00:06:24.200

\$2 an hour, um,

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00:06:24.200 --> 00:06:28.720

which is sounds horrific to me because I think paramedics should be

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00:06:28.720 --> 00:06:33.000

celebrated in our society. It's one of the most important jobs. And then,

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00:06:33.020 --> 00:06:35.760

but it doesn't look like it goes up quite a bit. Yeah, right.

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00:06:36.000 --> 00:06:40.400

It looks like you can end up making a good, uh, wage with seniority.

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00:06:41.400 --> 00:06:44.270

Um, but what would you say,

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00:06:44.270 --> 00:06:46.390

cause I know you can't get into the specifics about the numbers,

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00:06:46.690 --> 00:06:49.910

but just when we're talking about quality of life, um,

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00:06:49.910 --> 00:06:53.750

do you feel like you can have a much higher quality of life in Vancouver,

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00:06:53.750 --> 00:06:55.430

Canada as a paramedic?

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00:06:55.520 --> 00:06:59.190

Or would you have a higher quality of life in Slovakia?

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00:06:59.190 --> 00:07:01.790

[Eva] That's a very good question. Um,</v>

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00:07:02.010 --> 00:07:05.830

and we can take it from many perspectives. So, um,

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00:07:06.460 --> 00:07:09.470

I believe in, first of all, I believe in terms of the money,

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00:07:09.470 --> 00:07:12.950

like once you enter healthcare industry,

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00:07:13.770 --> 00:07:18.570

you doing that from, from your heart, from the help to others, right?

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00:07:18.570 --> 00:07:22.210

It's just, it's not always about like you wanna become a rich person for sure.

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00:07:22.210 --> 00:07:26.930

And I think that's speaking for most of people. But, um, yeah,

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00:07:26.930 --> 00:07:30.570

quality of life in terms of what can I afford and, um,

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00:07:30.870 --> 00:07:35.010

how much I can travel, what can I experience in one day, for example, or,

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00:07:35.540 --> 00:07:39.320

um, then I would say in here for sure,

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00:07:39.770 --> 00:07:42.160

in terms of, uh,

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00:07:42.160 --> 00:07:45.760

education and a free education and a good healthcare,

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00:07:46.050 --> 00:07:48.680

getting in surgery the same day,

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00:07:48.680 --> 00:07:52.920

you seeing your GP having insurance, that will be Slovakia. Like,

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00:07:52.920 --> 00:07:55.680

we still have the standard of, um,

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00:07:57.220 --> 00:08:01.110

kind of a social system that builds, um, in, in,

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00:08:01.200 --> 00:08:05.630

so it's a care for people in a, in a really different way than in Vancouver.

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00:08:05.630 --> 00:08:07.630

You know, like if you have lots of benefits.

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00:08:07.630 --> 00:08:11.190

[Nolan] Okay. So you, you find that there's a, a stronger social safety net?</v>

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00:08:11.190 --> 00:08:11.430

Yes.

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00:08:11.430 --> 00:08:12.670

[Eva] That's true. A hundred percent.</v>

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00:08:13.040 --> 00:08:13.830

[Nolan] In the health sector.</v>

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00:08:13.830 --> 00:08:17.950

[Eva] Yeah. Oh, in, in the health sector in, um, yeah. If you need, uh,</v>

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00:08:17.950 --> 00:08:22.910

benefits for any kinds or if you elderly or if you handicap or anything that you

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00:08:22.910 --> 00:08:25.590

need, or if you, if you're a good student but you don't have money to study,

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00:08:25.590 --> 00:08:29.270

that's, that's definitely you can, you can achieve, um,

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00:08:29.500 --> 00:08:31.920

much more back home. Yeah.

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00:08:32.340 --> 00:08:35.960

And the healthcare is unbelievably uncomparable. It's just, we,

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00:08:35.960 --> 00:08:40.120

we do have a preventable measures, so you have to have your GP,

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00:08:40.120 --> 00:08:43.720

there is no way that you can just have GP at home. Um,

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00:08:43.740 --> 00:08:48.560

you have to show up to annual screening and, uh, you pretty much have,

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00:08:48.560 --> 00:08:49.393

we call it [inaudible]

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00:08:49.610 --> 00:08:54.360

So basically the doctor would know when they see you in the ER that

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00:08:54.360 --> 00:08:55.620

you're no

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00:08:55.620 --> 00:09:00.020

you were born in this and this time and previous surgeries and yeah.

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00:09:00.020 --> 00:09:02.660

Everything is documented. So, um,

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00:09:02.660 --> 00:09:06.860

it's easy for access if you're in, for example, if you're in emergency.

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00:09:06.950 --> 00:09:07.980

So it's very different.

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00:09:09.310 --> 00:09:13.240

[Nolan] Yeah. Cuz that in Canada some things are documented, um,</v>

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00:09:13.240 --> 00:09:16.880

but then some things aren't when it comes to vaccinations. Like, uh, I think,

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00:09:17.190 --> 00:09:17.680

well,

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00:09:17.680 --> 00:09:22.240

I think I actually did lose my travel vaccination booklet and that kind of

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00:09:22.240 --> 00:09:25.600

screws me over in Canada because it's not in the system.

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00:09:25.710 --> 00:09:28.560

[Eva] Yeah. It's, it's a, it's a different, yeah. Well,</v>

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00:09:28.560 --> 00:09:32.640

one of my colleague called Antique, and I think that's a good word for it.

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00:09:32.950 --> 00:09:37.400

It's like, uh, like it's something older. Even if the, the country's very new.

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00:09:37.400 --> 00:09:39.920

It's, everything is a little bit slower that way. Like, yeah.

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00:09:40.470 --> 00:09:42.880

[Nolan] So you feel, you feel in Canada it's slower?</v>

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00:09:42.910 --> 00:09:44.800

[Eva] Yeah, I would, I would say, yeah. Yeah.</v>

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00:09:45.760 --> 00:09:50.210

[Nolan] Yeah. Oh, okay. Yeah. That, that's interesting because, well,</v>

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00:09:50.210 --> 00:09:54.210

I'm in Spain right now, right. Um, and I've lived in Belgium, uh,

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00:09:54.210 --> 00:09:59.130

well lived in, lived in Vietnam and Chile as well, but actually long term,

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00:09:59.130 --> 00:10:03.850

mostly just Belgium, Spain, and Canada. And out of those three countries,

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00:10:04.410 --> 00:10:06.730

Belgian's Healthcare System is the best. Um,

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00:10:06.730 --> 00:10:09.010

it is one of the best healthcare systems in the world.

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00:10:09.120 --> 00:10:11.090

I just found the qual, of course,

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00:10:11.090 --> 00:10:15.170

talking partially about personal experience and partially from statistics as

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00:10:15.170 --> 00:10:20.090

well, but the quality of doctors I found better there. Um,

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00:10:20.990 --> 00:10:23.170

for instance, once, uh, in Canada,

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00:10:23.840 --> 00:10:27.370

I had a mole in my tear duct,

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00:10:27.390 --> 00:10:29.730

and of course that could have been melanoma.

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00:10:29.830 --> 00:10:34.210

And I went to one doctor in Canada and he said, yeah, that could be melanoma,

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00:10:34.610 --> 00:10:39.370

[laughter] I said, oh, okay. Uh, so what do I do now? And he said, well,

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00:10:39.370 --> 00:10:43.690

I'm actually retiring soon, so I'm gonna send you to another doctor [laughter]

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00:10:43.720 --> 00:10:45.530

I was like, nice. Okay. Yeah.

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00:10:45.530 --> 00:10:47.930

I guess you're not that passionate about your work anymore.

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00:10:48.570 --> 00:10:53.530

Sends me to another doctor then, uh, the other doctor looks at my eye,

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00:10:53.530 --> 00:10:56.450

says, yeah, could be melanoma. I was like, okay, what are you gonna do?

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00:10:56.600 --> 00:10:59.810

He's like, I gotta take a picture and send it to another doctor.

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00:10:59.810 --> 00:11:03.170

Takes a picture with his iPhone, [laughter] sends it to another doctor.

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00:11:04.160 --> 00:11:08.370

Then I go to that other doctor, um, [laughter] And then they say,

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00:11:08.840 --> 00:11:13.050

yeah, uh, it could be, it could be melanoma, it could be skin cancer.

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00:11:13.540 --> 00:11:16.130

Um, but we could take a biopsy,

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00:11:16.470 --> 00:11:21.210

but if the biopsy doesn't go correctly, then the cancer can spread.

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00:11:21.980 --> 00:11:26.010

So I don't really know. And then at that point,

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00:11:26.380 --> 00:11:30.250

my mom got into it and she was like, okay, fuck this. Um,

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00:11:30.530 --> 00:11:33.530

we're talking to a doctor in Belgium. Uh,

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00:11:33.530 --> 00:11:35.490

luckily we were going to Belgium anyways,

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00:11:36.010 --> 00:11:40.690

ended up getting into a hospital right away. Yeah. Um, they said,

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00:11:40.760 --> 00:11:44.930

biopsy will, if you do the biopsy correctly, there's no chance of it spreading.

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00:11:44.930 --> 00:11:48.690

Yeah. And he said, I'm a professional, I'll do it pro, I'll do it correctly.

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00:11:48.690 --> 00:11:50.050

Yeah. So took the biopsy,

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00:11:50.170 --> 00:11:54.280

ended up not being skin cancer and everything was fine. Um,

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00:11:54.280 --> 00:11:57.560

but it was just like the whole process was faster. The,

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00:11:57.740 --> 00:12:01.240

the quality was much higher. Yeah. Um,

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00:12:01.240 --> 00:12:04.760

[Eva] I'm glad to hear. Yeah. That's, that's, uh, quite terrifying. Well, funny,</v>

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00:12:04.760 --> 00:12:07.720

but not if few when your, the patient, right? Yeah.

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00:12:08.700 --> 00:12:12.990

[Nolan] Yeah. Uh, unbelievable. Uh, but then here in Spain, um,</v>

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00:12:13.140 --> 00:12:16.630

I definitely miss the healthcare system in Canada. Um,

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00:12:16.700 --> 00:12:21.510

like here it's so many of the doctor offices close because you have,

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00:12:22.020 --> 00:12:26.870

even in the healthcare system, you have, um, the Siesta culture and

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00:12:26.870 --> 00:12:27.490

that's right.

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00:12:27.490 --> 00:12:32.190

The culture of just taking paro and taking paro is taking EI

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00:12:32.430 --> 00:12:37.350

and, um, taking, or no, not, not paro, sorry, uh, puente, which is,

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00:12:38.160 --> 00:12:42.990

um, when you have a holiday and then you take another holiday between the two

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00:12:42.990 --> 00:12:43.823

holiday days.

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00:12:43.910 --> 00:12:44.743

[Eva] [laughter] </v>

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00:12:45.280 --> 00:12:49.710

[Nolan] So there are times where it's really difficult to get to get into a doctor's</v>

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00:12:49.710 --> 00:12:54.390

office. Yeah. So usually if something is wrong with me, I go to the emergency.

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00:12:54.460 --> 00:12:59.310

Yeah. Which is something I don't want to do morally because I feel like

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00:12:59.310 --> 00:13:02.470

emergency should only be for emergency for emergencies, [laughter] ,

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00:13:02.570 --> 00:13:06.910

but it's just the only way I can get, get to see a doctor right away. Yeah. Uh,

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00:13:06.910 --> 00:13:10.270

what, what do you think about that? Am I being morally [laughter] wrong there?

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00:13:10.560 --> 00:13:13.990

[Eva] No, no, no. My sister used to live in Spain and uh,</v>

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00:13:13.990 --> 00:13:17.070

she would say the same in terms of a post office as well. Like,

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00:13:17.070 --> 00:13:19.510

she have to time which day and which particular hour.

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00:13:19.510 --> 00:13:23.550

If she wanna send something somewhere, it's just, it's, I think they quite know.

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00:13:23.660 --> 00:13:27.110

I, I don't know how much is in Italy is the same. But yeah, I heard,

221

00:13:27.220 --> 00:13:31.590

I heard Spain is definitely, uh, in Slovakia, we have no siesta.

222

00:13:31.590 --> 00:13:36.030

People actually are well known by working like, um, out, uh,

223

00:13:36.030 --> 00:13:39.590

around the clock. They're really hard workers, I would say. So. Um,

224

00:13:40.130 --> 00:13:44.550

and it's very nice to see, you know, that when I travel, um,

225

00:13:44.890 --> 00:13:48.270

and I immigrate wherever you call it, in different countries,

226

00:13:48.410 --> 00:13:51.990

the Slovaks usually have a pretty good reputation in terms of how they work.

227

00:13:53.160 --> 00:13:57.510

Uh, so, um, yeah, I think the laziness is not built in us for sure.

228

00:13:58.040 --> 00:14:00.750

Um, but uh, yeah, maybe we can start with siesta,

229

00:14:00.750 --> 00:14:04.670

I would love to actually that's a good idea to start with siesta with the

230

00:14:04.670 --> 00:14:08.070

ambulance. I would love to do siesta with the ambulance, that's for sure. [laughter] ,

231

00:14:08.070 --> 00:14:12.110

I think I will bring it up. [laughter] Yeah, that will be fun. That will be fun.

232

00:14:13.290 --> 00:14:17.700

[Nolan] Nice. Um, well, yeah, so Slovakia, I read about that too,</v>

233

00:14:17.700 --> 00:14:21.340

that Slovaks are hard workers and it's definitely part of the,

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00:14:21.340 --> 00:14:25.500

part of the culture. Yeah. Um, actually when I was reading about, um,

235

00:14:25.500 --> 00:14:28.820

when I was looking up, uh, Slovakian person, or Slovak, sorry,

236

00:14:28.820 --> 00:14:32.340

personality traits, um, that popped up.

237

00:14:32.720 --> 00:14:36.460

And for some reason whenever you look up something about Slovak,

238

00:14:36.670 --> 00:14:41.420

it always pops up related to women. And it's like, um, could,

239

00:14:41.420 --> 00:14:45.540

I guess Slovak women have a reputation to be very beautiful [laughter]

240

00:14:45.540 --> 00:14:49.900

And then half of it's like the type of personality you need to be able to have a

241

00:14:49.900 --> 00:14:53.440

Slovak woman. And one of of it was like, work really hard. Be a hard worker.

242

00:14:53.440 --> 00:14:54.040

Yeah.

243

00:14:54.040 --> 00:14:57.720

[Eva] [laughter] Oh, that's, you know what, that's probably true. That's probably true.</v>

244

00:14:57.720 --> 00:15:00.060

Yeah. I would say.

245

00:15:00.280 --> 00:15:04.420

[Nolan] Now what do you feel about in Canada? Do you feel, or, okay,</v>

246

00:15:04.420 --> 00:15:06.740

let's talk about the West Coast in Vancouver. First though.

247

00:15:06.740 --> 00:15:11.460

Do you feel like the work culture there is fast, uh,

248

00:15:11.700 --> 00:15:15.660

compared to Slovak or, uh, Slovakia? Or is it, um, slower?

249

00:15:15.660 --> 00:15:16.860

Is it more laid back?

250

00:15:17.870 --> 00:15:20.340

[Eva] Um, definitely laid back more, I would say.</v>

251

00:15:20.340 --> 00:15:24.900

And this is coming depends if you go to experiential marketing or

252

00:15:24.900 --> 00:15:26.140

healthcare, uh,

253

00:15:26.140 --> 00:15:29.940

because I can see the nurses and paramedic working in working really hard in

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00:15:29.940 --> 00:15:33.700

here as well as anywhere else. Uh, with experience marketing.

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00:15:33.700 --> 00:15:37.820

I remember a couple times where we show up and team of 20, 2 of them show up.

256

00:15:37.820 --> 00:15:42.220

So I don't know if that's just a young generation, but, um, yeah,

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00:15:42.290 --> 00:15:45.820

I think I have like mixed, uh, experience. Depends which field,

258

00:15:45.840 --> 00:15:47.940

but I think people are just people.

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00:15:47.940 --> 00:15:52.700

So if you do have a quite standard and morals and then you grow up in the family

260

00:15:52.700 --> 00:15:57.540

who show you that and, and then you're probably a hard worker. Um, but yeah,

261

00:15:57.540 --> 00:16:00.750

it's definitely, there is no,

262

00:16:01.140 --> 00:16:04.910

this is the first time that I heard that if you really feel, for example,

263

00:16:05.220 --> 00:16:10.110

unwell, um, you really have to explain at home what's going on.

264

00:16:10.110 --> 00:16:11.790

And sometimes you have to see the proof.

265

00:16:11.790 --> 00:16:16.430

So you have to go to your doctor and you send it to your chief and you show that

266

00:16:16.430 --> 00:16:19.470

you broke finger or you have a flu. Uh,

267

00:16:19.470 --> 00:16:23.830

in here people will just tell you to stay home and get better,

268

00:16:23.850 --> 00:16:26.230

and please take as much long time as you need.

269

00:16:26.230 --> 00:16:31.200

So that's definitely different than I remember back from Europe. Um.

270

00:16:31.380 --> 00:16:35.160

[Nolan] But I, that depends on the job. Cause I, okay. </v>

271

00:16:35.160 --> 00:16:39.120

First let's quickly explain what experimental marketing is, um,

272

00:16:39.120 --> 00:16:40.760

because some listeners might not know.

273

00:16:41.570 --> 00:16:45.480

So we met doing experimental marketing. Um,

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00:16:46.210 --> 00:16:46.680

we could,

275

00:16:46.680 --> 00:16:51.280

you could also call us brand ambassadors and in some cases promo models.

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00:16:51.590 --> 00:16:55.920

Yeah. Um, [laughter] promotional models, right.

277

00:16:56.060 --> 00:17:00.920

And what we would do is set up different campaigns

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00:17:01.500 --> 00:17:06.120

and we, it would always be an in-person live experience,

279

00:17:06.120 --> 00:17:09.880

and it could be something at a big event, um,

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00:17:09.880 --> 00:17:12.920

where we would have us booth set up at, let's say a concert,

281

00:17:13.530 --> 00:17:17.440

or it could be something more experimental where we're really just walking

282

00:17:17.440 --> 00:17:21.480

around with a bag of goodies and getting people to sign up,

283

00:17:21.480 --> 00:17:25.360

getting people to have a good experience with a product. Um,

284

00:17:25.360 --> 00:17:26.560

but that's kind of what we did.

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00:17:26.860 --> 00:17:31.480

And that could switch from week to week because we were contract workers.

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00:17:31.890 --> 00:17:36.160

Uh, for instance, one week I might be, um, promoting organic,

287

00:17:36.570 --> 00:17:40.520

um, granola bars and the next week I might be promoting cigarettes.

288

00:17:41.200 --> 00:17:41.880

[Eva] [laughter] </v>

289

00:17:41.880 --> 00:17:46.680

[Nolan] [laughter] Right. Um, so yeah.</v>

290

00:17:46.680 --> 00:17:50.520

You, you think that in the work culture it was a little bit different with

291

00:17:50.520 --> 00:17:51.600

experimental marketing,

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00:17:51.860 --> 00:17:55.440

but I remember when we worked with people from out east in Canada,

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00:17:55.670 --> 00:18:00.480

they said how much slower and lazier we were in the

294

00:18:00.480 --> 00:18:01.360

west of Canada.

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00:18:01.360 --> 00:18:05.590

[Eva] True, true. Yeah. It is also, it's such a,

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00:18:05.590 --> 00:18:07.630

it is such a wonderful experience when you are,

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00:18:07.700 --> 00:18:09.990

when you doing experience marketing,

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00:18:09.990 --> 00:18:13.670

don't you think like you meet so many people from different, uh,

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00:18:13.670 --> 00:18:18.150

countries and most of them, I believe they wanna be actors or musicians,

300

00:18:18.150 --> 00:18:22.330

right? So quite talented bunch of people and um, yeah.

301

00:18:22.880 --> 00:18:25.570

I believe there was always kind of a sidekick for most of them.

302

00:18:25.570 --> 00:18:27.250

So I never really take that as a,

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00:18:29.260 --> 00:18:32.610

as a reflection of how they would normally work and what's their work ethic.

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00:18:32.620 --> 00:18:36.930

Because I always thought like, that's just a geek for them, right. So I believe,

305

00:18:36.930 --> 00:18:40.810

like I saw most of the experience marketing people when they were trying to do

306

00:18:41.130 --> 00:18:43.090

audition and they work over the clock overnight,

307

00:18:43.090 --> 00:18:45.410

try to memorize stuff and then just, you know,

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00:18:45.410 --> 00:18:49.530

giving a chocolate or working on a car, uh, car model,

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00:18:49.530 --> 00:18:52.490

they will just be a little bit more lazy, I would say, right.

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00:18:52.490 --> 00:18:54.850

So it's just kind of a hard to, um,

311

00:18:55.290 --> 00:18:58.890

judge like how lazy or not lazy people are in that,

312

00:18:58.890 --> 00:19:02.490

in that particular field because it was more like fun for all of us, I believe,

313

00:19:02.720 --> 00:19:03.810

than actually a job.

314

00:19:03.840 --> 00:19:06.250

[Nolan] Yeah. Yeah. That's true. Yeah.</v>

315

00:19:06.310 --> 00:19:09.650

And now that I'm not in the industry anymore and you're not either,

316

00:19:09.760 --> 00:19:12.850

I think we can be honest about some of the things that happened. [laughter]

317

00:19:13.330 --> 00:19:14.163

[Eva] [laughter] </v>

318

00:19:15.660 --> 00:19:20.410

[Nolan] Um, but there there were campaigns where I worked my ass off because</v>

319

00:19:20.980 --> 00:19:23.490

as you said, you're with a good group of people.

320

00:19:23.490 --> 00:19:25.490

And sometimes they're really fun. Uh,

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00:19:25.490 --> 00:19:28.650

sometimes you have a good management team and you just want to get the product

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00:19:28.670 --> 00:19:32.850

out there because you think it's a cool product, you're in a good environment.

323

00:19:33.700 --> 00:19:37.370

Um, but there were other times because as you said, it was a side gig,

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00:19:37.370 --> 00:19:40.690

it was just for money and you actually wanna focus on something else.

325

00:19:41.260 --> 00:19:45.530

We would cheat the system big time, [laughter] like you, um,

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00:19:45.530 --> 00:19:49.530

I remember this was during, I'm not gonna say which campaign.

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00:19:49.930 --> 00:19:51.610

[Eva] Obviously. Yeah. Um,

328

00:19:51.610 --> 00:19:55.290

but it was during the hurricane in the Philippines

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00:19:55.670 --> 00:20:00.570

And we were getting paid nine hours a day or something like

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00:20:00.570 --> 00:20:05.370

that, and we had to hand out so many, um, so much of this product,

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00:20:05.850 --> 00:20:09.130

[laughter] And of course you have to get the pictures as proof, right.

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00:20:09.130 --> 00:20:11.650

Cuz you also need to have the pictures for,

333

00:20:11.650 --> 00:20:13.770

for the marketing purposes afterwards. Yeah.

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00:20:13.770 --> 00:20:17.330

On social media or just for internal marketing purposes.

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00:20:18.150 --> 00:20:22.330

And [laughter], we would get all the pictures done within an hour,

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00:20:22.560 --> 00:20:24.530

even though we're getting paid for eight or nine.

337

00:20:24.910 --> 00:20:28.650

And then we took all the granola, uh, so Okay. [laughter] Okay. Granola bars.

338

00:20:28.650 --> 00:20:31.730

I'm not gonna say the names was granola bars, um,

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00:20:31.930 --> 00:20:33.210

I'm not gonna say the name of the company.

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00:20:33.880 --> 00:20:38.770

Then we brought them to, um,

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00:20:38.770 --> 00:20:41.330

I forget which charity it was,

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00:20:41.470 --> 00:20:46.330

but they shipped all the granola bars to the Philippines. [Eva] Oh, that's beautiful.

343

00:20:46.330 --> 00:20:47.560

To help out there. Yeah.

344

00:20:47.560 --> 00:20:48.000

[Eva] That's nice.</v>

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00:20:48.000 --> 00:20:51.680

[Nolan] Yeah. We we did a good thing. Yeah. But really, like, it was not what the,</v>

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00:20:51.680 --> 00:20:53.760

the company would've wanted. Of course we would've,

347

00:20:53.760 --> 00:20:56.000

we would've gotten fired if Yeah. They found.

348

00:20:56.000 --> 00:20:59.560

[Eva] Out. Yeah. The granola bars was funny. Ones any chocolate and granola bars,</v>

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00:20:59.560 --> 00:21:03.200

I feel like you remember that people know you by the face. Depends what,

350

00:21:03.200 --> 00:21:04.920

like some, did you work as a mascot ever?

351

00:21:06.140 --> 00:21:07.850

[Nolan] No, I didn't do any of the mascot ones.</v>

352

00:21:07.850 --> 00:21:12.250

[Eva] I did so many different, um, plays as a mascot and,</v>

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00:21:12.250 --> 00:21:13.810

and I never knew what to do.

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00:21:13.810 --> 00:21:17.090

I remember I was on the PNE as a bear getting a chocolate.

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00:21:17.090 --> 00:21:20.330

I have no idea where the children's are because I couldn't see in front of me.

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00:21:20.330 --> 00:21:24.650

I just randomly move. And I was, I always think that's very unsafe.

357

00:21:24.650 --> 00:21:28.570

But I always love when people remember you with the chocolate, when the,

358

00:21:28.570 --> 00:21:31.490

when the, the, I would say the,

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00:21:31.710 --> 00:21:36.290

the promotion begin and then during the summer when they see you with the

360

00:21:36.290 --> 00:21:39.770

chocolate to offer you a chocolate, they're just a run away from you. Like,

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00:21:39.770 --> 00:21:42.930

it's just, it was so much certain products, so much chocolate,

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00:21:42.930 --> 00:21:46.090

so much granola bars. We went to shelters, we went to schools,

363

00:21:46.090 --> 00:21:50.290

we went to everywhere. And sometimes they just said no anymore [laughter] Like,

364

00:21:50.290 --> 00:21:52.010

it's just, yeah, I remember.

365

00:21:52.010 --> 00:21:56.570

So it is a alone and lot of trucks for chocolates for sure. And, and, uh, yeah,

366

00:21:56.780 --> 00:21:58.450
in beginning everyone wants it.

367

00:21:58.450 --> 00:22:02.810
So people ask if they can have more and a month or two was just kind of like,

368

00:22:02.810 --> 00:22:05.490
you are the person who have to beg them to get the chocolate.

369

00:22:06.910 --> 00:22:09.530
[Nolan] But just to bring this into the cultural aspect,</v>

370

00:22:09.530 --> 00:22:12.290
because of course this show is all about culture.

371

00:22:12.790 --> 00:22:17.130
Experimental marketing doesn't really exist outside of Canada

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00:22:17.670 --> 00:22:21.130
and, uh, the United States. Why do you think that is?

373

00:22:21.460 --> 00:22:25.810
[Eva] No idea. Um, I haven't studied marketing, so that's a good questions. But, uh,</v>

374

00:22:25.810 --> 00:22:29.930
yeah, we, we don't, I never remembered that in Europe. Um,

375

00:22:30.090 --> 00:22:31.770
there are certain commercials,

376

00:22:31.770 --> 00:22:36.170
I don't know how it's how much they have for budget. Um, no idea. Really,

377

00:22:36.170 --> 00:22:37.003

No idea.

378

00:22:38.040 --> 00:22:42.990

[Nolan] So I asked someone about it, um, and they said it's because, uh,</v>

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00:22:42.990 --> 00:22:47.750

North Americans are more likely to show customer loyalty to a specific

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00:22:47.750 --> 00:22:49.670

brand. Um,

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00:22:49.930 --> 00:22:53.990

but I don't know if that's true because I meet so many people here that,

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00:22:53.990 --> 00:22:56.830

you know, once they're Apple users, they're Apple users

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00:22:56.870 --> 00:22:59.590

or when it comes to cars, it's not another level here. Right?

384

00:22:59.590 --> 00:23:04.470

like the rivalry between BMW, Audi, and

385

00:23:04.480 --> 00:23:07.150

uh, Mercedes in Europe is just huge. Yeah.

386

00:23:07.520 --> 00:23:10.670

So that answer didn't make sense to me.

387

00:23:11.520 --> 00:23:13.870

So what do you think, because that, that's what I read,

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00:23:13.870 --> 00:23:17.550

that's talking to marketing specialists, but just from your own opinion,

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00:23:17.550 --> 00:23:18.990

what else do you think it could be?

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00:23:19.840 --> 00:23:23.860

[Eva] Um, I, I would say this is a,</v>

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00:23:23.860 --> 00:23:28.140

definitely a part of this, uh, uh, finances in budget for sure.

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00:23:28.250 --> 00:23:32.780

I can see that the culture back home. And I've really just,

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00:23:33.330 --> 00:23:34.660

this is just what I,

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00:23:34.660 --> 00:23:38.780

what I think is that maybe if you give too many products for free,

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00:23:38.780 --> 00:23:41.940

it will be very, uh, fast gone. Uh,

396

00:23:42.740 --> 00:23:45.920

remember the chocolate kind of example that I said, um,

397

00:23:46.020 --> 00:23:50.000

and it might be just going back to the communist side that people didn't have as

398

00:23:50.000 --> 00:23:52.320

much. So I'm not sure how they will go if,

399

00:23:52.320 --> 00:23:56.920

if you have lots of people just offering a free products everywhere. Um,

400

00:23:56.920 --> 00:24:00.480

maybe slowly you can expose and they get used to it. But, um,

401

00:24:00.480 --> 00:24:02.560

I don't think we knew that. So I think there will be a,

402

00:24:02.560 --> 00:24:06.360

maybe a line of people who will stay for chocolates, just like back in the,

403

00:24:06.460 --> 00:24:07.960

you know, eighties, I'm not sure.

404

00:24:07.960 --> 00:24:12.200

But also I think that no one's gonna sit in a car and do a test drive

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00:24:12.620 --> 00:24:17.440

and sit with some stranger next to them and drag them around the cities in a

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00:24:17.440 --> 00:24:22.080

stick. You know what I mean? Like, that's when I, um,

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00:24:22.080 --> 00:24:26.080

when I think about back in the time when we used to do a test drive,

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00:24:26.080 --> 00:24:27.360

I think that was the f the,

409

00:24:27.360 --> 00:24:32.000

that was the definitely freakiest time when you sit next to a stranger

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00:24:32.500 --> 00:24:34.440

and you have to just believe that's,

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00:24:34.440 --> 00:24:37.520

it's not a psychopath who's gonna just run through the wall. Like,

412

00:24:37.860 --> 00:24:41.200

can you imagine? Like, we were in the, in our twenties, so everything was fun,

413

00:24:41.200 --> 00:24:42.720

but now when I thought about it, like,

414

00:24:42.720 --> 00:24:46.480

I sit to so many people through so many cities, [laughter] , and they were like, oh,

415

00:24:46.480 --> 00:24:48.240

how fast it's gonna go. I'm like, Ooh,

416

00:24:48.730 --> 00:24:53.120

is this really what I'm doing for a living? Oh, it's like, oh, you know?

417

00:24:53.240 --> 00:24:56.880

[Nolan] Right. Like, remember when we were in Whistler and we just, we had the,</v>

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00:24:56.880 --> 00:24:59.880

the new Jeeps and we just took people on an obstacle course. Yeah.

419

00:24:59.880 --> 00:25:03.080

So they could have killed us. Well, one guy, a few people almost did kill me.

420

00:25:03.080 --> 00:25:05.640

Oh yeah. Oh yeah. Like on that obstacle course, he, you're like, okay,

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00:25:05.640 --> 00:25:08.040

you can't go over 60. And then they would just gun it.

422

00:25:08.040 --> 00:25:10.440

[Eva] Yeah. And then you have like, it was through the crank works.</v>

423

00:25:10.440 --> 00:25:14.080

So everywhere were like a free booze and there is no way to test an alcohol.

424

00:25:14.080 --> 00:25:16.640

For me, that's a huge component, right. It was like, oh,

425

00:25:16.640 --> 00:25:19.880

you have a sign this favor, you didn't consume any alcohol. Its like,

426

00:25:19.880 --> 00:25:22.000

who are you gonna believe? They're like, you know, 21,

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00:25:22.000 --> 00:25:24.760

they have fun and crank works, so of course they have couple beers.

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00:25:24.760 --> 00:25:25.680

[Nolan] Yeah and Crank Works.</v>

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00:25:25.920 --> 00:25:27.480

[Eva] Everyone's partying. So it's, it was,</v>

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00:25:27.480 --> 00:25:30.960

it was definitely something I would never do again. Um.

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00:25:31.060 --> 00:25:33.240

[Nolan] But that's the strange thing about it too,</v>

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00:25:33.240 --> 00:25:37.680

because usually in Canada I find that there are more rules

433

00:25:37.870 --> 00:25:39.400

than in Europe. Yeah. Right.

434

00:25:39.400 --> 00:25:43.880

You go to a ski resort in Canada and you just see how safe everything is set up.

435

00:25:43.880 --> 00:25:45.120

Yeah. Right. The chair lifts,

436

00:25:45.120 --> 00:25:49.960

you're boxed in and then you go to a European ski resort and like

437

00:25:50.290 --> 00:25:53.160

they're, they're fine, but it's

438

00:25:53.160 --> 00:25:57.880

They don't have the same safety standards or they're just not as obsessed with,

439

00:25:57.880 --> 00:26:00.800

uh, little rules and stuff. But then all of a sudden with the marketing world,

440

00:26:00.800 --> 00:26:04.360

it's completely different. It, it's strange. Yeah.

441

00:26:04.970 --> 00:26:08.640

Or like another thing I thought about, maybe it's because

442

00:26:10.580 --> 00:26:14.620

there, there are more rules that they have the experimental marketing,

443

00:26:14.620 --> 00:26:18.140

because experimental marketing, we were always in a gray zone

444

00:26:18.180 --> 00:26:22.420

with legal in legality. Right? Yeah. And for instance, like,

445

00:26:23.190 --> 00:26:27.180

uh, advertising cigarettes is illegal in Canada. Yeah.

446

00:26:27.360 --> 00:26:31.780

Not in Germany. Right? Yeah. There you can still find advertisements,

447

00:26:32.080 --> 00:26:34.540

but then in Canada there's just always loopholes.

448

00:26:34.540 --> 00:26:37.620

Like I remember when we were marketing, well not, not you,

449

00:26:37.620 --> 00:26:41.500

I don't think you were in this one, but when I was marketing, um,

450

00:26:42.350 --> 00:26:45.800

uh, e-cigarettes, there were little loopholes.

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00:26:45.800 --> 00:26:50.480

Like we weren't allowed to say that e-cigarettes were healthier than normal

452

00:26:50.480 --> 00:26:52.560

cigarettes. That would be illegal.

453

00:26:53.100 --> 00:26:56.760

But we were allowed to go up to people and say, oh,

454

00:26:57.130 --> 00:27:01.080

we have an, a tobacco product that is less harmful Ooh.

455

00:27:01.080 --> 00:27:04.240

Than cigarettes less harmful

456

00:27:04.920 --> 00:27:07.880

could imply that you're talking about combustion,

457

00:27:08.100 --> 00:27:11.320

cuz you're not lighting anything on fire with the e-cigarette

458

00:27:11.320 --> 00:27:15.240

but of course in a customer's mind, they're not gonna make that association.

459

00:27:15.240 --> 00:27:18.160

Yeah. It's just so there's a legal loophole there.

460

00:27:18.530 --> 00:27:21.800

Or we would set a big event, um,

461

00:27:21.820 --> 00:27:26.560

and then at the end everyone would get a goodie bag with cigarettes inside,

462

00:27:26.560 --> 00:27:29.800

but it was a white goodie bag so you couldn't see it, right.

463

00:27:29.800 --> 00:27:33.040

So in the end saying like, oh, uh, it's not allowed,

464

00:27:33.040 --> 00:27:36.560

you're not allowed to advertise tobacco in Canada's just bullshit. Yeah.

465

00:27:36.560 --> 00:27:37.880

It's just, yeah.

466

00:27:37.880 --> 00:27:42.400

[Eva] See the, the drinking alcohol was quite fun when I came to Canada to,</v>

467

00:27:43.150 --> 00:27:44.880

people cannot drink publicly.

468

00:27:44.880 --> 00:27:47.840

And also there is just a limitation where you can get the alcohol,

469

00:27:47.840 --> 00:27:51.400

like liquor stores and stuff that's also not known in Europe, right?

470

00:27:51.440 --> 00:27:54.040

like you can buy it anywhere you want in any hour you want.

471

00:27:54.700 --> 00:27:56.920

And the bars doesn't have any closing times,

472

00:27:56.920 --> 00:28:00.240

most of the time they're running till the morning. And um,

473

00:28:00.940 --> 00:28:04.480

you don't have to hide your alcohol when you're sitting in the park or you're

474

00:28:04.480 --> 00:28:06.680

going to a beach or you're going somewhere on the party.

475

00:28:06.680 --> 00:28:10.640

You don't have to have any plastic back. So it is quite rules and not rules.

476

00:28:10.640 --> 00:28:14.320

So it depends how you take it. For sure. Um, yeah

477

00:28:16.000 --> 00:28:16.940

[Nolan] Now, in my opinion,</v>

478

00:28:16.940 --> 00:28:21.540

that's always kind of influenced the drinking culture as well because in,

479

00:28:21.670 --> 00:28:24.780

um, I find in many European countries or,

480

00:28:25.410 --> 00:28:28.300

what's the quote that my dad would say for, in Belgium?

481

00:28:28.910 --> 00:28:33.300

In Belgium people get drunk because they like to drink

482

00:28:33.950 --> 00:28:37.900

in Canada, people drink because they like to get drunk.

483

00:28:38.630 --> 00:28:42.260

Uh, and then just relating that to the rules is like if you have,

484

00:28:43.160 --> 00:28:46.340

cuz prohibition actually wasn't that long ago. Right?

485

00:28:46.340 --> 00:28:48.220

And then you still have all these other rules. Yeah.

486

00:28:48.310 --> 00:28:50.940

It still has this feeling of something wrong. Right.

487

00:28:50.940 --> 00:28:54.180

So you gotta drink it quickly. Yeah. You gotta do it hidden, but that's not,

488

00:28:54.180 --> 00:28:57.500

you shouldn't drink like that. Drinking should be something that you do slowly.

489

00:28:57.500 --> 00:29:01.330

Yeah. Right. Enjoy, um, enjoy it.

490

00:29:01.700 --> 00:29:05.130

So do you think there is a diff big difference in drinking culture between

491

00:29:05.370 --> 00:29:06.450

Slovakia and Canada?

492

00:29:07.100 --> 00:29:11.130

[Eva] Um, not that I see that much. I think, um,</v>

493

00:29:12.120 --> 00:29:14.570

I think people are drinking everywhere and it's,

494

00:29:14.570 --> 00:29:17.210

it's hard when you are a nurse or the paramedic to,

495

00:29:17.220 --> 00:29:20.730

to trying to see the differences. Maybe if I,

496

00:29:23.130 --> 00:29:25.740

yeah, I think people are drinking everywhere. It's,

497

00:29:25.740 --> 00:29:29.820

it's just the way how they have a fun, for sure. And the hidden aspect,

498

00:29:29.820 --> 00:29:33.340

as you said, hiding aspect for sure. Um, yeah,

499

00:29:33.850 --> 00:29:38.840

I think the more drinking at home is with schnapps, like the hard liquor, uh,

500

00:29:38.840 --> 00:29:41.760

than a classical beer. Uh, maybe, um,

501

00:29:41.880 --> 00:29:45.640

Czech in Germany has more of the beer, but we always have a schnapps

502

00:29:45.640 --> 00:29:48.800

My dad makes schnapps since I was a child. And, uh,

503

00:29:48.800 --> 00:29:51.000

we also get exposure when we were children.

504

00:29:51.210 --> 00:29:56.160

So I remember like sipping small schnapps like very

505

00:29:56.160 --> 00:29:56.993

early age.

506

00:29:57.140 --> 00:30:00.960

And I guess you getting the point that they expose you to alcohol so you're not

507

00:30:00.960 --> 00:30:03.160

crazy when you come in your twenties, right.

508

00:30:03.160 --> 00:30:06.640

So you don't get in a bar and you don't drink to yourself to death.

509

00:30:06.640 --> 00:30:07.640

So I think that's a,

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00:30:07.640 --> 00:30:10.000

that's a huge difference because it's really hidden in here,

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00:30:10.000 --> 00:30:11.040

in front of the children.

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00:30:11.660 --> 00:30:15.000

And I think it's good to know that if you come to puberty,

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00:30:15.000 --> 00:30:19.720

that you already know how to behave and how alcohol works and what can

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00:30:19.920 --> 00:30:23.480

actually what could be the consequences if you abuse it. And um,

515

00:30:23.480 --> 00:30:27.760

I think it's, that's a little bit different in Europe for sure. And I, um,

516

00:30:28.220 --> 00:30:32.720

I'm a product of that, so I don't drink excessively because uh,

517

00:30:32.920 --> 00:30:35.920

maybe that's exposure was always there since I was small.

518

00:30:35.920 --> 00:30:37.720

And you see everyone drinking everywhere.

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00:30:39.250 --> 00:30:42.360

[Nolan] Um, now let's talk about the nurses [laughter] Uh,</v>

520

00:30:43.390 --> 00:30:47.520

most nurses I know party pretty hard, [laughter] and I,

521

00:30:47.630 --> 00:30:51.520

I would even argue harder than the average person. Uh,

522

00:30:51.890 --> 00:30:52.720

is that a Canadian,

523

00:30:52.720 --> 00:30:57.640

because most nurses I know are from BC and so maybe it's a BC

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00:30:57.640 --> 00:31:01.360

thing or do you think that's kind of like a, a culture of nurses?

525

00:31:01.570 --> 00:31:04.440

Do you do nurses on average? Just you.

526

00:31:04.440 --> 00:31:09.440

[Eva] Have to reset, right? You have to reset. I believe that, um, it's,</v>

527

00:31:09.440 --> 00:31:13.480

it's a part of that, uh, the just letting go. Uh,

528

00:31:13.480 --> 00:31:18.400

and maybe also we party together so we know ourself at work

529

00:31:18.400 --> 00:31:23.200

and so it's easy to get, uh, good conversation and dance when you're,

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00:31:23.730 --> 00:31:26.720

um, when you're a nurse and go to the party together. Um,

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00:31:26.750 --> 00:31:30.520

I experienced that in Ireland as well when I was working. And um,

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00:31:30.630 --> 00:31:34.480

most of the fun I have was probably there. The most of my, uh,

533

00:31:34.480 --> 00:31:36.760

partying was in Ireland. And yeah,

534

00:31:36.790 --> 00:31:39.960

I was definitely see the whole department get to a bar and,

535

00:31:40.140 --> 00:31:44.080

and dance and laugh and share stories and drinks together.

536

00:31:44.410 --> 00:31:47.280

So you can call it party hard, but we always, uh,

537

00:31:47.310 --> 00:31:50.760

I think it's kind of a reset button for most of us for sure. Yeah.

538

00:31:51.920 --> 00:31:55.610

[Nolan] Yeah. [laughter], I like that. I like when, uh,</v>

539

00:31:55.640 --> 00:31:59.410

a healthcare professional says that partying is, is a reset button.

540

00:31:59.980 --> 00:32:04.090

[Eva] At least for me. I mean, like, it's not anymore. It's just once you get older,</v>

541

00:32:04.090 --> 00:32:08.530

I think it's really hard to, to get those morning, you know. But, um,

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00:32:08.530 --> 00:32:10.530

I'm glad I have that experience. It is not,

543

00:32:10.560 --> 00:32:13.330

it's not something you should be ashamed. It's,

544

00:32:13.330 --> 00:32:17.570

it is hard if you continue [laughter] that I would say it's probably not well

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00:32:17.570 --> 00:32:19.130

recommended. Um.

546

00:32:19.240 --> 00:32:20.010

[Nolan] Yeah, in your.</v>

547

00:32:20.010 --> 00:32:20.800

[Eva] Course, your forties and.</v>

548

00:32:20.800 --> 00:32:25.130

[Nolan] I think if we start talking about addictive personalities and of course that</v>

549

00:32:25.130 --> 00:32:26.450

goes down a different, uh.

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00:32:26.590 --> 00:32:29.970

[Eva] But it's part of your youth too, right? Like it's part of Y]yeah.</v>

551

00:32:31.080 --> 00:32:32.770

[Nolan] Yeah. How, how old are you.</v>

552

00:32:32.770 --> 00:32:34.770

[Eva] Now? I will be 40 in April.</v>

553

00:32:36.360 --> 00:32:37.193

[Nolan] Oh, okay.</v>

554

00:32:37.420 --> 00:32:39.150

[Eva] It's gonna be a 20 years. Um,</v>

555

00:32:39.360 --> 00:32:44.200

that I left Slovakia pretty much. After the nursing school I went,

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00:32:44.610 --> 00:32:49.600

um, to travel to different countries at work aboard and away.

557

00:32:49.790 --> 00:32:50.623

Yeah.

558

00:32:52.070 --> 00:32:54.780

[Nolan] So you've spent your, your thirties in Canada then?</v>

559

00:32:54.780 --> 00:32:56.220

[Eva] Uh, yes, that's right. Yeah.</v>

560

00:32:58.660 --> 00:33:00.720

[Nolan] And when is the last time you went back home?</v>

561

00:33:00.910 --> 00:33:04.800

[Eva] I visit usually every summer. Used to be winters,</v>

562

00:33:04.800 --> 00:33:09.480

but then I realize their short days and everyone is just at home cozy.

563

00:33:09.530 --> 00:33:14.280

So now I go pretty much every, every year. And I go for quiet, extended holiday.

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00:33:14.350 --> 00:33:18.960

I usually go for like two months cuz my parents got a big garden and,

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00:33:19.460 --> 00:33:22.440

and, uh, they're wonderful parents and I have lots of friends at home.

566

00:33:22.440 --> 00:33:24.920

I'm very lucky. The same in Czech Republic.

567

00:33:25.090 --> 00:33:29.540

So I usually enjoy really the summers in Europe. Yeah.

568

00:33:29.890 --> 00:33:30.900

Yeah. Okay.

569

00:33:32.360 --> 00:33:36.620

[Nolan] And now when you go back, right, because I know it's not,</v>

570

00:33:36.920 --> 00:33:40.220

not the best thing to ask about age sometimes. I don't know why I don't. .

571

00:33:40.390 --> 00:33:40.740

Um,

572

00:33:40.740 --> 00:33:45.700

but the reason I ask is because it has a big influence on how how much

573

00:33:45.980 --> 00:33:49.180

traveling affects your personality. [Eva] Oh yeah.

574

00:33:49.180 --> 00:33:52.340

like if you spent your youth in Canada,

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00:33:52.450 --> 00:33:56.340

that makes a big difference in spending your, your hundred thirties in Canada.

576

00:33:56.340 --> 00:33:57.860

Right? Um,

577

00:33:58.040 --> 00:34:02.190

but now do you feel like

578

00:34:02.620 --> 00:34:05.150

more Canadian in some ways or.

579

00:34:05.380 --> 00:34:08.590

[Eva] A hundred percent. A hundred percent. I think.</v>

580

00:34:08.760 --> 00:34:12.030

[Nolan] So. How, what, in what ways are you Canadian now?</v>

581

00:34:12.200 --> 00:34:13.033

[Eva] Um,</v>

582

00:34:13.640 --> 00:34:18.630

it shaped my perspective for so in so many ways how I see the

583

00:34:18.630 --> 00:34:23.220

world, um, very open minded, um,

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00:34:26.270 --> 00:34:27.060

not.

585

00:34:27.060 --> 00:34:30.570

[Nolan] Do you feel on average that Canadians are more open minded? Yeah.</v>

586

00:34:30.570 --> 00:34:35.290

[Eva] For sure. And, um, just with,</v>

587

00:34:35.290 --> 00:34:40.130

without as much judgment, you know, I always used to think that what I grew,

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00:34:40.130 --> 00:34:43.690

what I grew up in, what I see or I, uh,

589

00:34:43.690 --> 00:34:48.690

learn that must be applicable for everyone. Like everyone has the same, um,

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00:34:48.690 --> 00:34:53.170

type of life. And, um, in Canada I learned that you can have,

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00:34:53.170 --> 00:34:56.930

especially with so many immigrants and different way of living,

592

00:34:56.930 --> 00:35:00.760

that everyone has different sense of family,

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00:35:01.770 --> 00:35:04.120

um, work, uh,

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00:35:04.120 --> 00:35:08.960

a lot in general if they do sports or if they just, um,

595

00:35:08.960 --> 00:35:12.440

travel or if they take care of their gardens. It's just,

596

00:35:12.670 --> 00:35:15.480

I don't even know how to frame that. But, um,

597

00:35:15.950 --> 00:35:20.560

I feel like I do live in the potential that I always see in myself here. Um,

598

00:35:21.540 --> 00:35:24.240

and every, any type of topic,

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00:35:24.240 --> 00:35:28.160

any type of communication I wanna open up with any of my Canadian friends,

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00:35:28.160 --> 00:35:32.760

I have no fear to open up any hard conversation. Uh,

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00:35:32.760 --> 00:35:35.640

politics, race. Yeah. Uh, economics, uh,

602

00:35:35.640 --> 00:35:39.760

every anything that comes to even like in your mental health. Oh yeah. Oh,

603

00:35:39.760 --> 00:35:41.360

[Nolan] mental health. It's a big one too, right? [Eva] For sure.

604

00:35:41.360 --> 00:35:45.320

That's a huge difference between the Europe that I know. I'm,

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00:35:45.320 --> 00:35:47.680

I'm not talking about the Europe as the whole continent, obviously,

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00:35:47.680 --> 00:35:51.920

but the slovakian part of, uh, where we are just,

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00:35:51.920 --> 00:35:56.880

just getting slowly there is a huge, is a huge gap and is a,

608

00:35:57.270 --> 00:36:02.000

that's definitely Canada is so much forward. Um, yeah.

609

00:36:02.000 --> 00:36:05.160

And I feel like it's nicely intertwined because, um,

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00:36:05.190 --> 00:36:06.680

I have good sense of community,

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00:36:06.730 --> 00:36:11.390

so I feel like my purpose is to connect people and I love

612

00:36:11.390 --> 00:36:14.950

connecting people and I love listening and, and asking stories.

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00:36:14.950 --> 00:36:18.470

I'm very curious in, in, in just like, that's my nature.

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00:36:19.000 --> 00:36:23.830

So I love really just getting people together in a conversation that

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00:36:23.830 --> 00:36:25.510

you might find uncomfortable,

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00:36:25.650 --> 00:36:29.830

but when you just give them time and you don't have the prejudice you under

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00:36:29.830 --> 00:36:33.550

you, you will see a different perspective from person, from India,

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00:36:33.550 --> 00:36:38.150

person from America, person from China in the same environment. And healthcare,

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00:36:38.240 --> 00:36:39.270

uh, the,

620

00:36:39.270 --> 00:36:43.350

the health industry is quite interesting because you always work with people

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00:36:43.350 --> 00:36:48.110

with so many different countries and, uh, the topics are always there,

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00:36:48.110 --> 00:36:48.630

right?

623

00:36:48.630 --> 00:36:53.550

You might come to a patient that has challenging backgrounds and now you ask

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00:36:53.580 --> 00:36:57.990

your, your coworkers or your friends about the opinion and you see a different

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00:36:58.090 --> 00:37:00.470

backgrounds coming with different opinions,

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00:37:00.470 --> 00:37:03.300

but it's not the point to,

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00:37:05.540 --> 00:37:10.090

um, agree, but just bringing different points to the conversation and the,

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00:37:10.090 --> 00:37:12.090

and different look, if that makes sense.

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00:37:13.280 --> 00:37:18.130

[Nolan] Yeah, it does. And from my experience, I, I agree,</v>

630

00:37:18.410 --> 00:37:21.890

especially when it comes to mental health. Now that I'm back here in Europe,

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00:37:22.120 --> 00:37:26.930

I notice how it's still taboo, um, to talk about depression in ways.

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00:37:26.930 --> 00:37:30.810

Like you still might have that attitude towards a man being like, suck it up.

633

00:37:30.810 --> 00:37:33.850

Oh, yeah. Um, or Oh, that girl's just being whiny. Yeah. Right. Like,

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00:37:33.850 --> 00:37:37.490

you still have that here, which is horrible in my opinion. Um,

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00:37:37.620 --> 00:37:39.970

or then just like, it's less politically correct.

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00:37:39.970 --> 00:37:44.090

You still hear people call people who are moody bipolar, right.

637

00:37:44.300 --> 00:37:47.890

in North America. That would not fly anymore. Um,

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00:37:49.110 --> 00:37:54.090

but when it comes and then open-mindedness towards recreational drugs.

639

00:37:54.090 --> 00:37:56.690

Oh yeah. I think that might be a West coast thing. Like we,

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00:37:56.860 --> 00:38:00.210

we love recreational drugs on the west coast.

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00:38:00.440 --> 00:38:01.130

[Eva] Slovakia.</v>

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00:38:01.130 --> 00:38:04.530

[Nolan] Very difficult, but also just in an intelligent way, right. Like here,</v>

643

00:38:04.530 --> 00:38:07.690

people like them too, but they just associate it with partying. Yeah.

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00:38:07.690 --> 00:38:11.250

Whereas in the West coast, like microdosing with magic mushrooms,

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00:38:11.320 --> 00:38:14.650

LSD like you can have a conversation about that. Yeah.

646

00:38:14.650 --> 00:38:18.130

Here the second you wanna have a conversation about that. Um,

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00:38:18.130 --> 00:38:21.890

unless that person is traveled to North America pretty much, it's just like,

648

00:38:21.890 --> 00:38:23.770

oh my God, no, you're a drug addict. It's like, no,

649

00:38:23.790 --> 00:38:26.170

I'm just talking about microdosing with magic mushrooms.

650

00:38:26.170 --> 00:38:29.210

[Eva] And you haven't been in Slovakia with this, so don't even try. Please. It's,

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00:38:29.210 --> 00:38:30.890

it's very hard. I would say you will,

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00:38:30.890 --> 00:38:34.090

you have don't bring it up an interesting conversation in Czech Republic and in

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00:38:34.090 --> 00:38:37.840

different places, but yeah, we're, we're not there yet at all. Like, it's just,

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00:38:37.840 --> 00:38:38.240

it's hard.

655

00:38:38.240 --> 00:38:42.000

It's a hard opening conversation how beneficial those things can be for us.

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00:38:42.260 --> 00:38:46.680

And I would say from, um, mental health, when I was nurse,

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00:38:46.970 --> 00:38:51.920

um, I was in ICU in, um, Hema Oncology, like people who were die from,

658

00:38:51.920 --> 00:38:52.840

uh, blood cancer, right.

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00:38:52.840 --> 00:38:57.200

And I give you an example that we went through lots of horrifying, um,

660

00:38:57.770 --> 00:39:02.680

uh, days where, um, you bring the stories at home, right? You, you suffer, you,

661

00:39:02.680 --> 00:39:06.680

you feel the pain. There were no any, um, mental health support.

662

00:39:06.690 --> 00:39:08.520

We do have counselors here.

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00:39:08.520 --> 00:39:12.240

Like the ambulance is amazing to take care of your mental health for sure. Like,

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00:39:12.240 --> 00:39:14.600

I never been that spoiled. Like every time you want,

665

00:39:14.600 --> 00:39:19.280

you just have your counselor and you go through this and they automatically

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00:39:19.480 --> 00:39:23.400

actually contact you after each call. So it's, it's very,

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00:39:23.400 --> 00:39:27.800

very different than what I remember from back home in terms of mental health

668

00:39:27.800 --> 00:39:28.080

[Nolan] mm-hmm.

669

00:39:28.080 --> 00:39:30.680

and how they take care of the healthcare workers particularly,

670

00:39:30.680 --> 00:39:33.510

you know, so that's a huge difference for sure. Yeah.

671

00:39:35.120 --> 00:39:39.140

[Nolan] Now, but so healthcare, yeah, you're right. Um,</v>

672

00:39:39.140 --> 00:39:43.700

but then I'm just thinking about open-mindedness when it comes to people from

673

00:39:43.700 --> 00:39:46.420

different cultures and everything. Um,

674

00:39:46.550 --> 00:39:50.820

because in Vancouver for sure, I had the same experience as you, right?

675

00:39:50.820 --> 00:39:52.500

You can find people from all over,

676

00:39:52.500 --> 00:39:56.780

people are willing to discuss different viewpoints. Um,

677

00:39:57.400 --> 00:40:02.300

but nowadays when I go back to Canada, I find that people are quite polarized.

678

00:40:02.600 --> 00:40:06.460

And sometimes when you bring up a different opinion, and I've,

679

00:40:06.460 --> 00:40:08.580

I brought this up on another episode as well,

680

00:40:08.880 --> 00:40:13.500

and it seems that people's identities are attached to

681

00:40:13.540 --> 00:40:14.980

their opinions, right?

682

00:40:14.980 --> 00:40:17.660

So when you don't agree with someone's opinion,

683

00:40:17.660 --> 00:40:20.980

it's like a personal affront on their identity.

684

00:40:21.110 --> 00:40:24.020

So then you can't actually have a conversation and,

685

00:40:24.020 --> 00:40:27.500

and you can't open your mind or grow. Um,

686

00:40:28.440 --> 00:40:30.740

and then here maybe it's to Spain,

687

00:40:30.740 --> 00:40:35.020

I've noticed it's so easy to have a conversation with someone who might have a

688

00:40:35.020 --> 00:40:36.980

different opinion when it comes to like,

689

00:40:36.980 --> 00:40:41.380

political type things or sociopolitical type things. Um,

690

00:40:41.510 --> 00:40:44.860

so there, I don't know, maybe people are open-minded here,

691

00:40:44.880 --> 00:40:49.740

but maybe I'm more talking about Spain and the difference might be

692

00:40:50.870 --> 00:40:51.703

in Canada

693

00:40:51.810 --> 00:40:56.540

I also lived in a small town and I think that might make a difference.

694

00:40:56.540 --> 00:41:00.180

So in Slovakia, did you live in a small town or did, did you live.

695

00:41:00.180 --> 00:41:01.740

[Eva] In the city? Um, so grew up in a,

696

00:41:01.830 --> 00:41:06.260

or have been born in a small town and live in a city that is about

697

00:41:06.260 --> 00:41:07.300

60,000 people,

698

00:41:07.300 --> 00:41:11.980

but very close to the village where my grandpa and grandma actually, um, live.

699

00:41:12.090 --> 00:41:16.940

Yeah. Very big family. My grandpa got 12 siblings, so quite a big family.

700

00:41:16.940 --> 00:41:21.940

They have animals and gardens. So, um, yeah, very community.

701

00:41:21.940 --> 00:41:26.660

It's in, in, to put it this way, for foreigner, like in Slovakia, I feel like,

702

00:41:26.660 --> 00:41:28.900

I feel like most of the time when you live there,

703

00:41:29.250 --> 00:41:33.020

people know people everywhere you go. Like, you know, your local postmen,

704

00:41:33.160 --> 00:41:36.320

you know your butcher, you know your doctor, you know your lawyer, you know,

705

00:41:36.520 --> 00:41:40.040

neighbors in, in the whole corridor is the, you pretty much know people.

706

00:41:40.040 --> 00:41:44.600

It's very hu this the community sense is way different than having in Canada.

707

00:41:44.860 --> 00:41:49.560

But um, yeah, I grew up in a, in a city, like a small city.

708

00:41:51.530 --> 00:41:54.100

[Nolan] A small city. But that maybe that's also why, right?</v>

709

00:41:54.100 --> 00:41:59.020

Because when you're comparing Vancouver to a small city in BC you might

710

00:41:59.020 --> 00:42:03.620

also say, wow, the people in the small town are not as open-minded to

711

00:42:03.660 --> 00:42:05.460

different cultures or not as open-minded.

712

00:42:05.460 --> 00:42:09.510

[Eva] To a certain city. I have experienced, so for almost three years,</v>

713

00:42:09.580 --> 00:42:14.310

I believe two and a half years I work as a paramedic on a small place called

714

00:42:14.310 --> 00:42:19.070

Seward on northern part of Vancouver Island with 800 people. Yeah.

715

00:42:19.240 --> 00:42:20.590

Amazing experience.

716

00:42:20.590 --> 00:42:24.350

I would never have this experience ever if I never worked with the BC

717

00:42:24.350 --> 00:42:27.390

ambulance. It was really, really interesting. And, um,

718

00:42:28.450 --> 00:42:32.390

you see people with different opinions, but I wouldn't say close-minded at all.

719

00:42:32.550 --> 00:42:36.070

And it's just, it was a very small town. Okay. Um,

720

00:42:36.570 --> 00:42:41.150

and a different culture and, um, but uh,

721

00:42:41.150 --> 00:42:45.190

not neither even close to close-minded. Very open-minded actually. Yeah.

722

00:42:45.190 --> 00:42:49.760

[Nolan] Yeah, definitely. But that's also the west coast,</v>

723

00:42:49.880 --> 00:42:53.520

right? Uh, I think when you go into the interior small town,

724

00:42:53.520 --> 00:42:58.040

it's like it could be a little bit different. Um, but you're right,

725

00:42:58.040 --> 00:43:01.360

you're right. The, the, I think the more I reflect on it, the,

726

00:43:01.360 --> 00:43:06.360

the more I realize how over minded people are in, um, in, uh, British Columbia.

727

00:43:06.360 --> 00:43:07.640

[Eva] You know how I do that. Yeah.</v>

728

00:43:07.640 --> 00:43:11.160

[Nolan] Sorry. But what would it be like in the capital of Slovakia? Um,</v>

729

00:43:11.160 --> 00:43:12.800

what would the capital, Bratislava.

730

00:43:12.800 --> 00:43:16.240

[Eva] Just like any capital, but, uh, can I just get back to,</v>

731

00:43:16.240 --> 00:43:20.240

so you know how I know if it's open-minded or close-minded that I brought

732

00:43:20.240 --> 00:43:25.240

certain foreigners at home and I see how my parents are curious and always just,

733

00:43:25.240 --> 00:43:27.040

you know, I'm, I'm a product of my parents.

734

00:43:27.040 --> 00:43:30.680

I've always been curious and I ask people if they have a different background.

735

00:43:30.680 --> 00:43:32.800

Where you from? What's the culture like? What do you eat?

736

00:43:32.800 --> 00:43:35.320

What is your Christmas look like? Um,

737

00:43:35.380 --> 00:43:38.920

but not everyone is the same at home. Like we do have,

738

00:43:38.920 --> 00:43:43.640

some people are really not interesting as much of a different culture and,

739

00:43:44.140 --> 00:43:48.480

and they ways to see the world is the slovakian way to see the world. But,

740

00:43:48.850 --> 00:43:53.840

um, when I was, for example, in Seward or Kamlopps or small places that, um,

741

00:43:55.140 --> 00:43:57.030

I have the same experience,

742

00:43:57.030 --> 00:44:00.270

people who never travel or leave that small town,

743

00:44:00.870 --> 00:44:02.710

Canadian people will ask me the same questions.

744

00:44:02.710 --> 00:44:04.990

So how do your parents look like? And what,

745

00:44:04.990 --> 00:44:08.550

what does the summer in Slovakia look like? They were interested and like get like,

746

00:44:08.870 --> 00:44:12.950

honestly interested in my life and knowing me and bringing me food and, uh,

747

00:44:13.060 --> 00:44:17.150

thanks me for the job and just invite me for their private,

748

00:44:17.150 --> 00:44:21.270

like family parties and celebration and gathering. So, uh,

749

00:44:21.270 --> 00:44:24.070

I went to really different places thanks to my work.

750

00:44:24.500 --> 00:44:29.470

I was really mesmerized by how people are welcoming and actually interested in

751

00:44:29.470 --> 00:44:30.303

you.

752

00:44:30.440 --> 00:44:34.310

[Nolan] Yeah. Okay. You're an ambassador for the BC.</v>

753

00:44:34.790 --> 00:44:38.870

[Eva] I can sell the BC I, I, I have been told this, uh,</v>

754

00:44:38.870 --> 00:44:42.950

for many people that they said, oh, you sold me BC every time I get you a look,

755

00:44:43.100 --> 00:44:47.510

I will show you the best on Vancouver and what can offer you. For sure.

756

00:44:47.520 --> 00:44:51.350

So hopefully, yeah, why not? You choose to be living here, so

757

00:44:51.390 --> 00:44:52.670

you want to, um,

758

00:44:52.670 --> 00:44:56.950

you wanna see the best and you wanna know the hidden treasures too. Yeah.

759

00:44:57.240 --> 00:44:58.670

So that's a good way.

760

00:44:58.710 --> 00:45:03.710

So now, now that we're tomo personality,</v>

761

00:45:03.710 --> 00:45:06.150

one thing I also wanna ask, uh, because,

762

00:45:07.140 --> 00:45:09.550

well probably not most of the listeners on this show,

763

00:45:09.550 --> 00:45:12.350

because I think most people here are quite interested in culture,

764

00:45:12.890 --> 00:45:17.630

but one problem I find, especially in Hollywood movies, um,

765

00:45:17.630 --> 00:45:20.750

and obviously that gets perpetuated into the culture as well,

766

00:45:21.160 --> 00:45:25.710

is that eastern Europeans get lumped together sometimes as

767

00:45:25.770 --> 00:45:30.030

one culture, right? Um, which is completely wrong.

768

00:45:30.120 --> 00:45:33.830

They're [laughter], right? There's so many different languages, different foods,

769

00:45:33.940 --> 00:45:37.230

even though there are relations of course. Um,

770

00:45:37.930 --> 00:45:40.830

but what do you find,

771

00:45:41.060 --> 00:45:45.550

|| how do you identify, um, as,

772

00:45:45.550 --> 00:45:47.670

as a Slovak someone from Slovakia?

773

00:45:47.670 --> 00:45:48.503

[Eva] Oh, you cha.</v>

774

00:45:48.580 --> 00:45:49.270

[Nolan] Like what.</v>

775

00:45:49.270 --> 00:45:53.230

[Eva] You challenge me Nolan, you really do. Um, cuz I always, um,</v>

776

00:45:54.060 --> 00:45:56.550

I hate the world hate, but I hate patriotism.

777

00:45:56.780 --> 00:46:00.670

I feel like the world shape you and the more you travel, you know yourself,

778

00:46:00.670 --> 00:46:04.990

but the more you immigrate and live somewhere for a su substantial amount of

779

00:46:04.990 --> 00:46:09.430

time, it change you. And then sometimes you kind of lost the ground,

780

00:46:09.430 --> 00:46:11.670

like in a, in a good way. Not in a bad way,

781

00:46:11.670 --> 00:46:16.470

not in a sentimental or cuz I feel the nostalgia can be

782

00:46:16.470 --> 00:46:21.030

something that can be good, but also can be quiet bad if you,

783

00:46:21.030 --> 00:46:23.510

if you use it in the wrong way. Um,

784

00:46:23.940 --> 00:46:27.750

I think I still have the sense for culture, the folk.

785

00:46:28.140 --> 00:46:31.910

I love our folk music and the architectures every time I go home,

786

00:46:32.620 --> 00:46:36.910

I appreciate way more the history and everything that is still there

787

00:46:37.420 --> 00:46:40.150

than any of my friends I would say. Like, I get, I get,

788

00:46:40.940 --> 00:46:44.270

I get mesmerized by things that if you live there,

789

00:46:44.270 --> 00:46:48.390

you just get used to it and I stop and I touch and I smell and I love those

790

00:46:48.390 --> 00:46:52.950

little things. When I, and again, brings the nostalgia from my childhood. Um,

791

00:46:53.140 --> 00:46:56.350

I love talk to elderly, always did, uh,

792

00:46:56.350 --> 00:46:59.830

because I think they still have the skills that we are for forgetting.

793

00:46:59.900 --> 00:47:04.550

Slovakia used to be a lot of like handcrafted stuff, working with wools,

794

00:47:04.550 --> 00:47:07.150

working with sheep and wood, and I think we look.

795

00:47:07.220 --> 00:47:10.990

[Nolan] Yeah, it has the highest number or highest concentration of wood. Yeah.</v>

796

00:47:10.990 --> 00:47:13.550

[Eva] That's right. We have the tallest one, actually the tallest in, uh,</v>

797

00:47:13.550 --> 00:47:16.830

in the Europe and oldest the tallest one. Yeah. There's the,

798

00:47:16.830 --> 00:47:20.350

the number of castles per capitalizing I think is the highest.

799

00:47:20.410 --> 00:47:24.150

The churches like the history is the highest really pictures. And,

800

00:47:24.150 --> 00:47:27.030

and for that small, uh, town, you can,

801

00:47:27.030 --> 00:47:29.030

people used to just travel and see all the,

802

00:47:29.080 --> 00:47:32.800

the castles that are having a stamp card. So you can see them all in like a,

803

00:47:32.800 --> 00:47:36.720

I don't know, three day strip. Um, what is funny that when you go,

804

00:47:36.720 --> 00:47:41.280

when you mostly go to castles in, for example, like Ireland or Scotland,

805

00:47:42.400 --> 00:47:47.180

you will see the structure, but very rarely you will see the full furnish, uh,

806

00:47:47.180 --> 00:47:51.500

castle Slovak still have the rooms with the, with the,

807

00:47:51.500 --> 00:47:55.860

the tables and the silverware and where they sleep. So it's just, it's really,

808

00:47:56.430 --> 00:48:00.820

uh, interesting history and it feels like nothing's moved. Um, because like,

809

00:48:00.850 --> 00:48:02.060

yeah, you feel like the,

810

00:48:02.060 --> 00:48:05.620

the king is just somewhere behind the door because it looks like it's somewhat

811

00:48:05.620 --> 00:48:07.700

lives there. Um,

812

00:48:07.890 --> 00:48:11.780

I believe the part of Slovakian that I still didn't have with me is the sense of

813

00:48:11.780 --> 00:48:15.660

community for sure. And I love, as a woman, I love cooking,

814

00:48:15.770 --> 00:48:18.300

I love doing small like little tiny projects.

815

00:48:18.300 --> 00:48:23.140

I love knitting and all these like, funny things. Um, yeah, carving,

816

00:48:23.630 --> 00:48:27.060

carving wood and yeah, just, just stuff that brings me pleasure.

817

00:48:27.060 --> 00:48:29.860

Just what I saw in my parents and my grandparents.

818

00:48:30.320 --> 00:48:32.860

And that time when I was young I was like, oh, that's so lame.

819

00:48:32.860 --> 00:48:36.660

I will never do that. I will go to America and I will never do anything like this.

820

00:48:36.760 --> 00:48:38.660

And uh, you, yeah,

821

00:48:38.660 --> 00:48:42.980

you reach your thirties and you kind of almost crave for those things and,

822

00:48:43.200 --> 00:48:47.420

and there reminds you kind of who you are in that sense and brings you pleasure.

823

00:48:49.250 --> 00:48:49.630

Um.

824

00:48:49.630 --> 00:48:53.320

[Nolan] So do you find,</v>

825

00:48:53.650 --> 00:48:56.760

it sounds like you're saying that in Slovakia it's a little bit more

826

00:48:56.940 --> 00:49:00.440

collectivistic, um, like a little bit more community oriented.

827

00:49:01.470 --> 00:49:04.330

[Eva] You are the teacher, you know, the English is my third language.</v>

828

00:49:04.330 --> 00:49:06.810

That's why I have a little broken. So my second is German,

829

00:49:06.940 --> 00:49:09.370

so that's why I never went to school for English.

830

00:49:09.370 --> 00:49:11.650

So if you ever wonder like how she can teach,

831

00:49:11.890 --> 00:49:13.330

actually like her English is quite broken.

832

00:49:13.560 --> 00:49:17.970

That's how I learned by listening to Irish people. That's quite fun.

833

00:49:18.970 --> 00:49:22.410

[Nolan] [laughter] Okay. Well your, your English is really good,</v>

834

00:49:22.410 --> 00:49:26.450

but I remember eight year or seven years ago we had a conversation about that

835

00:49:26.450 --> 00:49:27.490

once, um,

836

00:49:27.580 --> 00:49:32.570

we were talking about speaking different languages and you mentioned that you

837

00:49:32.570 --> 00:49:36.130

miss not being able to speak your mother tongue because you feel like you're

838

00:49:36.130 --> 00:49:39.290

funnier and more intelligent in your, [Eva] you remember that?

839

00:49:39.360 --> 00:49:41.770

I think you're intelligent in English. Oh yeah.

840

00:49:42.040 --> 00:49:43.170

[Eva] Yeah. I still think.</v>

841

00:49:43.170 --> 00:49:45.930

[Nolan] That, I forget which, which convention we were in, but it was,</v>

842

00:49:45.930 --> 00:49:47.970

it was for some convention and we went around.

843

00:49:48.080 --> 00:49:48.730

[Eva] I still think that,</v>

844

00:49:48.730 --> 00:49:52.690

I still do think that because there's certain impression in Slovakia language

845

00:49:52.690 --> 00:49:56.450

that you cannot translate directly. And it's actually weird if you translate.

846

00:49:56.450 --> 00:49:58.090

I try, but it's really weird.

847

00:49:59.160 --> 00:50:01.050

[Nolan] Okay. T tell me some somebody. Cause I,</v>

848

00:50:01.050 --> 00:50:03.130

I love idioms and I love getting into discussions.

849

00:50:03.130 --> 00:50:05.610

[Eva] About so many. I try, um, what, what are some of these? I try,</v>

850

00:50:05.610 --> 00:50:09.450

I dunno if that's a idiom, but there is certain type of sayings that we have.

851

00:50:09.700 --> 00:50:13.770

My sister live in Scotland and we try to translate us to her Scottish boyfriend.

852

00:50:13.770 --> 00:50:15.010

He enormously laugh.

853

00:50:15.010 --> 00:50:19.530

It's like the laugh on his family is like Veronica say some saying in Slovakia,

854

00:50:19.530 --> 00:50:21.850

like, it wouldn't make sense to you. It's just, uh,

855

00:50:21.850 --> 00:50:26.330

it's really traditions from back home that,

856

00:50:27.630 --> 00:50:29.920

yeah, it's, those are just sayings.

857

00:50:29.920 --> 00:50:33.320

Like I try to apply it that sometimes at work and people, I,

858

00:50:33.320 --> 00:50:35.520

I can see the look when people were, they're like,

859

00:50:35.550 --> 00:50:37.480

I don't know what she just said and why.

860

00:50:38.620 --> 00:50:42.600

[Nolan] Can, can you say one of them? Um, but, but in, in your language. Um.</v>

861

00:50:44.760 --> 00:50:48.090

[Eva] I have to just, oh yeah. So like, uh, so like, uh, don't worry,</v>

862

00:50:48.130 --> 00:50:49.930

pause a piece on the wall.

863

00:50:50.800 --> 00:50:54.780

Why would you like a frozen piece or piece on the wall? It makes like,

864

00:50:54.950 --> 00:50:59.260

it doesn't make sense to do the same job over and over. So.

865

00:51:00.020 --> 00:51:02.630

[Nolan] Okay. Well what does it sound like? Can you, can you say it in your own words?</v>
v>

866

00:51:02.670 --> 00:51:04.030

[Eva] Cause I wanna just hear what it.</v>

867

00:51:05.840 --> 00:51:09.210

[Nolan] Okay, so throwing peas against the wall or.</v>

868

00:51:09.210 --> 00:51:09.750

[Eva] We.</v>

869

00:51:09.750 --> 00:51:10.650

[Nolan] And what does that.</v>

870

00:51:10.650 --> 00:51:13.610

[Eva] Mean? It's like you're trying to do the same job,</v>

871

00:51:15.500 --> 00:51:19.240

um, yeah, but you,

872

00:51:19.850 --> 00:51:24.080

it doesn't make sense anymore to do that because it doesn't give you any, um,

873

00:51:25.570 --> 00:51:29.980

kind of rewards, but you would, you wouldn't see any outcome. Like, it's like,

874

00:51:30.300 --> 00:51:32.740

it's like useless jobs doing over and over.

875

00:51:32.740 --> 00:51:37.460

Like something that it doesn't make sense, but you just keep doing that for

876

00:51:39.130 --> 00:51:43.730

Yeah. Or there or you going for a walk and we said,

877

00:51:44.380 --> 00:51:49.290

um, there is no, like, it was so empty, there was no foot in there. And my,

878

00:51:49.620 --> 00:51:51.450

my Toronto friend Caitlin,

879

00:51:51.450 --> 00:51:55.810

she always lashes like say some something in Slovak saying, I was like, um,

880

00:51:55.870 --> 00:51:58.810

how about we go for a hike and there's no food? I'm like, yeah,

881

00:51:58.810 --> 00:52:02.130

you remembered that one, right? And it's just like, again,

882

00:52:02.780 --> 00:52:07.570

in Slovak sounds that [inaudible] but it

883

00:52:07.570 --> 00:52:09.250

doesn't make sense if you translate that.

884

00:52:09.250 --> 00:52:14.010

It's just something will keep saying and it's just going and makes sense in that

885

00:52:14.250 --> 00:52:17.210

language. But also we do have a specific language.

886

00:52:17.730 --> 00:52:21.930

Remember as you asked me for my last name, the ova, we have, uh,

887

00:52:21.930 --> 00:52:26.290

certain types of things that maybe a teacher maybe,

888

00:52:26.290 --> 00:52:30.770

maybe a Slovak teacher will be able to a, uh, answer those question too. But,

889

00:52:30.780 --> 00:52:34.210

um, that will be, or we have all the fingers are the same.

890

00:52:34.210 --> 00:52:37.410

If you go to a doctor and you broke finger or toe,

891

00:52:37.410 --> 00:52:40.450

you just tell them fingers because we don't have fingers and toes.

892

00:52:42.540 --> 00:52:44.130

[Nolan] Uh, it's the same in Spanish, just dedos.</v>

893

00:52:44.130 --> 00:52:48.210

[Eva] You know, those things. Yeah. And the ova is quiet specific. So you,</v>

894

00:52:48.210 --> 00:52:51.970

you will always know, you will always know you speak to a female if you,

895

00:52:52.140 --> 00:52:54.610

if the last name ends with oba.

896

00:52:55.850 --> 00:52:56.620

[Nolan] Yeah. Yeah.</v>

897

00:52:56.620 --> 00:53:00.180

So you mentioned that earlier and I think that's interesting as well because,

898

00:53:00.630 --> 00:53:04.500

uh, it's, it's helpful, right? Like as you mentioned with doctors, right?

899

00:53:04.500 --> 00:53:06.780

Because there are situations where, uh, uh,

900

00:53:06.780 --> 00:53:09.140

especially a woman might want a female doctor.

901

00:53:09.870 --> 00:53:12.380

[Eva] Or what you expect. Yeah. It's just, it's just interesting. Yeah.</v>

902

00:53:12.380 --> 00:53:15.180

Those are different. Definitely a different languages. Sure.

903

00:53:15.400 --> 00:53:17.940

How easy was for you to learn Spanish? Yeah.

904

00:53:18.750 --> 00:53:21.100

[Nolan] Um, it's all right. Like, I'm still struggling. Like I,

905

00:53:21.170 --> 00:53:25.240

I mean I can speak about anything with everyone. Um,

906

00:53:25.540 --> 00:53:28.640

but yeah, I definitely feel dumb sometimes, right?

907

00:53:28.640 --> 00:53:31.280

Cause you're just constantly looking for words.

908

00:53:31.280 --> 00:53:35.800

You're constantly looking for ways to express yourself in the best way. Um,

909

00:53:35.980 --> 00:53:39.720

but there are situations now where I'd rather speak in Spanish

910

00:53:39.720 --> 00:53:40.400

than in English, right?

911

00:53:40.400 --> 00:53:44.200

There are just some expressions that work better in Spanish.

912

00:53:44.260 --> 00:53:45.560

And um,

913

00:53:45.670 --> 00:53:50.240

also some things that are just funny in Spanish because it has cultural context

914

00:53:50.410 --> 00:53:54.160

to it and it's just not funny in English because it just doesn't have that same

915

00:53:54.520 --> 00:53:57.600

cultural context. Um, yeah. Uh,

916

00:53:57.600 --> 00:54:01.400

but I wouldn't say it's easy. It wasn't, it wasn't easy for me.

917

00:54:01.470 --> 00:54:05.040

It's definitely a struggle and I definitely still get frustrated.

918

00:54:05.430 --> 00:54:10.400

I throw childish tantrums sometimes when I, when it doesn't go my way.

919

00:54:10.690 --> 00:54:12.760

[Eva] that's awesome. [Nolan] I enjoy it. But.

920

00:54:12.760 --> 00:54:15.600

[that's, I, that's very important. Do you use your hands a lot?</v>

921

00:54:15.830 --> 00:54:17.820

Because I used to use hands all the time.

922

00:54:18.150 --> 00:54:21.180

[Nolan] Uh, yeah. But I didn't even notice this. Um,</v>

923

00:54:21.180 --> 00:54:23.260

but my friend said it the other day. Uh,

924

00:54:23.260 --> 00:54:27.820

he came last month to visit and he said, I don't speak any Spanish Nolan,

925

00:54:27.820 --> 00:54:31.460

but I always know when you're talking about the past and using the past tense

926

00:54:31.460 --> 00:54:36.180

because you always go like this. Because sometimes I'm worried like,

927

00:54:36.180 --> 00:54:39.300

oh no, did I use the correct, uh, past tense.

928

00:54:39.310 --> 00:54:43.940

So just to make sure that they understand [laughter] , I do the hand gesture. Nice.

929

00:54:43.940 --> 00:54:47.940

Pointing backwards. Yeah. [laughter] Yeah.

930

00:54:49.190 --> 00:54:52.860

Um, okay, so this is a question I ask most, uh,

931

00:54:52.860 --> 00:54:54.460

multilingual people on the show.

932

00:54:55.310 --> 00:54:59.060

Do you feel like when you were learning English or when you were learning

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00:54:59.060 --> 00:54:59.893

German,

934

00:55:00.090 --> 00:55:04.940

that you found a new part of your identity as you learned

935

00:55:05.180 --> 00:55:08.140

that language? Um, because I always say I was on the show,

936

00:55:08.140 --> 00:55:11.340

but polyglots mentioned that if you want to learn many languages,

937

00:55:11.340 --> 00:55:14.980

it's a good idea to find a different identity with that language.

938

00:55:15.100 --> 00:55:19.090

[Eva] Interesting. I'm just wondering like in what sense? You know what I'm asking?</v>

939

00:55:21.090 --> 00:55:24.950

[Nolan] Um, okay. Like, so for instance,</v>

940

00:55:25.800 --> 00:55:30.270

uh, well Flemish for me, I learned it when I was a child, right?

941

00:55:30.280 --> 00:55:33.830

So for me, that part of my identity when I speak Flemish,

942

00:55:33.940 --> 00:55:38.350

I feel very clean in a way. Um, cause I associate it with family.

943

00:55:39.240 --> 00:55:43.470

Um, I don't swear very often. English. I mean, [laughter] ,

944

00:55:43.700 --> 00:55:46.590

I grew up with it. I had my early twenties with English,

945

00:55:46.640 --> 00:55:49.470

so I swear a little bit more. Um,

946

00:55:49.470 --> 00:55:53.470

I'm comfortable talking about taboo subjects, uh,

947

00:55:53.530 --> 00:55:57.750

now in Spanish. Um, [laughter] I want to be a refranero

948

00:55:58.790 --> 00:56:03.150

which means someone that knows a lot of references and like uses a lot of idioms

949

00:56:03.150 --> 00:56:06.510

and stuff, and I'm trying to develop that part of myself, but it's difficult.

950

00:56:06.970 --> 00:56:11.590

And then more just naturally I find in Spanish, well,

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00:56:11.600 --> 00:56:14.550

as I said, dumber, but that's obviously not a personality thing,

952

00:56:14.550 --> 00:56:17.430

that's just a lack of words. Um,

953

00:56:18.690 --> 00:56:21.670

but I do feel like I'm starting,

954

00:56:21.740 --> 00:56:26.600

people complain here more I find than in, in English. Yeah. Uh, it's,

955

00:56:26.600 --> 00:56:29.040

it's more common to complain and I find that I,

956

00:56:29.070 --> 00:56:30.880

I start to complain a bit more in Spanish.

957

00:56:30.880 --> 00:56:33.040

[Eva] We have that in [inaudible] quite a lot. Okay.</v>

958

00:56:33.040 --> 00:56:37.920

So I think I know what you're asking me now. I think I, um,

959

00:56:38.720 --> 00:56:42.280

struggle with mixing couple languages together. I honestly,

960

00:56:42.840 --> 00:56:46.680

honestly don't think that I'm fluent the way I used to be in Slovakian,

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00:56:47.460 --> 00:56:52.110

but because it kind of intertwine with a Czech, my ex-husband was check and,

962

00:56:52.280 --> 00:56:56.350

uh, my current boyfriend is check. So I think, and a lot of Czech people,

963

00:56:56.360 --> 00:57:00.670

so that very, those languages are very similar. And if I speak too fast,

964

00:57:00.670 --> 00:57:05.350

I use some words, they're just comfortable or I get used to them. Um,

965

00:57:05.350 --> 00:57:08.390

so I've been quite criticized when I get back in Slovakia that I,

966

00:57:08.460 --> 00:57:12.270

I don't speak as, you know, I make lots of grammar mistakes and stuff like that.

967

00:57:12.270 --> 00:57:16.590

So sometimes I feel not as secure when I speak Slovakian not as,

968

00:57:16.590 --> 00:57:19.470

not as articulate, um, in English.

969

00:57:19.470 --> 00:57:23.710

I still have stutter if I speak to people who give me impression that they don't

970

00:57:23.710 --> 00:57:27.690

understand me and that sometimes happen. Um, uh,

971

00:57:27.830 --> 00:57:32.170

but I really enjoy that language. I really enjoy speaking English.

972

00:57:32.170 --> 00:57:35.850

I feel like I speak out of my heart and um,

973

00:57:36.540 --> 00:57:40.510

it is who I am by now. So I feel like, um,

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00:57:41.000 --> 00:57:44.870

it give me that, I don't know, just,

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00:57:44.870 --> 00:57:48.590

just using any words that I ever, ever want to. Um, I do,

976

00:57:48.620 --> 00:57:52.830

I do feel more freedom to express in, um,

977

00:57:54.280 --> 00:57:57.070

in um, the way I want it in, in English.

978

00:57:57.530 --> 00:58:00.520

But then if I speak in, uh,

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00:58:00.520 --> 00:58:05.440

medical lingo or let's say my dad in a garden and

980

00:58:05.440 --> 00:58:06.160

we make jokes,

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00:58:06.160 --> 00:58:11.160

that's still definitely slovakian where I just lose a tiny

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00:58:11.160 --> 00:58:15.880

bit of, um, myself into the Slovakian humor. And uh,

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00:58:15.910 --> 00:58:20.320

yeah, we still have like old Slovakian saying too, or not saying,

984

00:58:20.320 --> 00:58:22.600

but the language that my grandma used to speak.

985

00:58:22.900 --> 00:58:25.120

And this is very specific accent too.

986

00:58:25.130 --> 00:58:28.840

So that's what I do when I speak to my dad and my sister.

987

00:58:29.250 --> 00:58:32.840

We makes those jokes and we speak that accents together.

988

00:58:33.380 --> 00:58:37.560

And uh, yeah. And, and in that time I feel like I'm seven again. You know,

989

00:58:37.560 --> 00:58:42.020

like those, um, I guess language comes with a memory.

990

00:58:42.020 --> 00:58:45.620

And again, the nostalgia, I feel like every time I speak different language,

991

00:58:45.620 --> 00:58:50.620

I just feel like I'm that time in that place where I remember I

992

00:58:50.620 --> 00:58:53.810

learned that language. That's Yeah.

993

00:58:54.480 --> 00:58:59.060

[Nolan] Yeah. Yeah. No, that, that's a very good point. Um, yeah,</v>

994

00:58:59.060 --> 00:58:59.850

I would like some,

995

00:58:59.850 --> 00:59:04.500

I need to talk some to some more people that were raised speaking four languages

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00:59:04.500 --> 00:59:08.260

or raised speaking five languages because like you, well I,

997

00:59:08.260 --> 00:59:12.620

I was raised speaking Flemish in English I guess pretty much at the same time.

998

00:59:12.990 --> 00:59:17.220

Um, but I still associate Flemish with my younger life a bit more.

999

00:59:17.990 --> 00:59:20.780

Um, and then now Spanish. So like you, it's,

1000

00:59:20.810 --> 00:59:23.600

I more associate it with different phases in my life,

1001

00:59:23.600 --> 00:59:27.080

but I wonder what it's like for people that grew up speaking.

1002

00:59:27.080 --> 00:59:29.080

[Eva] That would be very interest, four languages. That would be very interesting.</v>

1003

00:59:29.080 --> 00:59:31.720

I would know. I would love to know that as well. That's very interesting.

1004

00:59:33.470 --> 00:59:36.620

[Nolan] If you, if you meet someone like that, tell them to come on the show already.</v>

1005

00:59:36.620 --> 00:59:37.620

Listeners right now,

1006

00:59:37.620 --> 00:59:40.980

if you are one of those people who is raised with four languages, uh,

1007

00:59:41.220 --> 00:59:45.980

reach out to me at withoutborders.fyi or leave a comment in

1008

00:59:46.140 --> 00:59:49.420

whatever platform you're listening on right now and let me know and come on the

1009

00:59:49.420 --> 00:59:54.370

show for sure. [laughter] Oh, okay. Well Eva,

1010

00:59:54.370 --> 00:59:58.050

we're over an hour here. So just to finish this up, um,

1011

00:59:58.880 --> 01:00:02.970

I want to know just a little bit more what you want the listeners to know about

1012

01:00:03.040 --> 01:00:07.890

Slovakia because before I didn't know too much about the country.

1013

01:00:08.460 --> 01:00:12.210

Um, and then recently I, I found out, yeah, as we talked about the churches,

1014

01:00:12.440 --> 01:00:16.970

I found out that it has one of the highest number of springs and fresh water.

1015

01:00:17.820 --> 01:00:22.570

Um, then the capital, the capital, um,

1016

01:00:22.630 --> 01:00:25.290

Bratislava is the,

1017

01:00:25.780 --> 01:00:30.690

is the only city where it borders two independent countries.

1018

01:00:31.420 --> 01:00:36.170

Uh, cause true it borders, um, Austria and Hung Hungary, right?

1019

01:00:36.170 --> 01:00:39.970

Yeah. So that's, that's fascinating. So what are just a few other things you,

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01:00:39.970 --> 01:00:40.780

you want to listen.

1021

01:00:40.780 --> 01:00:45.570

[Eva] As you mentioned, I love to visit in a short period of time. You can visit, um,</v>

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01:00:45.570 --> 01:00:50.570

two different countries as well. It still has beautiful folk traditions,

1023

01:00:50.570 --> 01:00:55.130

like if you and a huge history and folk history and again the

1024

01:00:55.130 --> 01:00:59.370

castles and it's just picturesque. You don't need too much money to spend.

1025

01:00:59.390 --> 01:01:03.770

And you can in a quite a bit of short time travel

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01:01:03.860 --> 01:01:07.810

through a different villages that each of them looks very, uh,

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01:01:07.810 --> 01:01:11.920

different as well. Um, there a certain amount of farms too,

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01:01:11.920 --> 01:01:15.560

if you were into that too. We have lots of sports. If you are a paraglider,

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01:01:15.560 --> 01:01:19.040

if you are a slack liner, if you are kayaker or skier,

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01:01:19.040 --> 01:01:23.160

you will have lots of fun there. Um, and from my opinion,

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01:01:23.230 --> 01:01:24.960

I would say people are very kind.

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01:01:24.960 --> 01:01:29.800

There is no way you will suffer somewhere on the street or you will get lost or,

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01:01:29.970 --> 01:01:33.080

or, or some kind of a crime scenario.

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01:01:33.150 --> 01:01:36.520

I would say it's quite safe and people are really, really kind.

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01:01:36.520 --> 01:01:40.840

They will offer you food most of the time, um, if not like, place to sleep.

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01:01:41.220 --> 01:01:42.320

And uh, yeah,

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01:01:42.320 --> 01:01:46.200

they will definitely guide you if you want to see some hidden treasures.

1038

01:01:46.200 --> 01:01:49.840

They're not like hiding that. We don't have as much tourists that in Vancouver,

1039

01:01:49.840 --> 01:01:51.800

if you wanna see a hide hidden treasures,

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01:01:51.940 --> 01:01:56.000

you have to really dig deeper because there's so many tourists and at home you

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01:01:56.000 --> 01:02:00.560

really see a staff that you will be by yourself next to a waterfall or you know,

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01:02:00.560 --> 01:02:04.200

like the scenery you always want to have for your Instagram pictures you can

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01:02:04.480 --> 01:02:07.480

find there for sure. And, uh, yeah, yeah, I just,

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01:02:07.480 --> 01:02:10.280

I just feel like people are generally very lovely and very,

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01:02:10.630 --> 01:02:14.600

very nice to foreigners and some of them are like my parents. They're,

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01:02:14.600 --> 01:02:15.560

they're interesting in you.

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01:02:15.560 --> 01:02:19.080

They wanna know where you are from and what language do you speak, what you,

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01:02:19.120 --> 01:02:23.640

you eat. Yeah. So that will be a good reason to visit.

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01:02:23.640 --> 01:02:28.530

[Nolan] Perfect. Uh, then one more thing before people go. Uh, what about,</v>

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01:02:28.530 --> 01:02:32.770

is there anything special related to etiquette that people should know?

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01:02:32.770 --> 01:02:36.610

Because I read that you have to be invited before using someone's first name.

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01:02:36.610 --> 01:02:41.370

[Eva] Oh, um, that comes to a German language as well. So I really,</v>

1053

01:02:41.500 --> 01:02:43.970

oh, this is terrible. Nolan for me because I'm not a teacher,

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01:02:43.970 --> 01:02:46.050

I don't wanna screw this up, but, um,

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01:02:46.700 --> 01:02:51.170

we do speak to elderly and people you don't know in a different ways.

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01:02:51.860 --> 01:02:54.930

Uh, but it wouldn't make sense if you speak English and if you speak English,

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01:02:54.930 --> 01:02:58.890

just use the last name and it will be safe. Uh, but yeah, like we,

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01:02:58.890 --> 01:03:03.650

we use a little bit different, uh, lingo when you know someone and, uh,

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01:03:03.650 --> 01:03:05.090

so if you just use the last name,

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01:03:05.090 --> 01:03:07.890

we'll be fine and they will correct you if they, if you,

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01:03:07.890 --> 01:03:09.970

if they feel uncomfortable, they will just say, yes,

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01:03:09.970 --> 01:03:14.610

please call me John or call me Eva. Right. So you wouldn't be that. It's not,

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01:03:14.860 --> 01:03:18.450

it is a etiquette for local people for sure. And you will,

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01:03:18.900 --> 01:03:21.090

if you start with that, you're not gonna get wrong.

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01:03:21.090 --> 01:03:25.970

But nobody from what I remember will get very offended if you

1066

01:03:25.970 --> 01:03:30.410

just say, hi Veronica. Like it wouldn't be, it wouldn't be that bad. No.

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01:03:30.840 --> 01:03:35.240

[Nolan] Okay. Okay. Good to know. And um,</v>

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01:03:35.240 --> 01:03:38.400

what about going inside? I heard like Canada,

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01:03:38.700 --> 01:03:42.120

and unlike the rest of Europe, you take

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01:03:42.120 --> 01:03:42.790

[Eva] off your shoes.</v>

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01:03:42.790 --> 01:03:44.560

[Nolan] When you go into someone's house, please.</v>

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01:03:44.560 --> 01:03:47.800

[Eva] Is that correct? Please? We always laugh on Beverly Hills. Uh, okay,</v>

1073

01:03:47.800 --> 01:03:48.680

what was that movie?

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01:03:49.040 --> 01:03:53.320

Remember back in the nineties that everyone was just even like going to the bed

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01:03:53.320 --> 01:03:56.560

with their shoes? I was like, what? How weird is this? Um, yeah,

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01:03:56.560 --> 01:03:57.440

so please [laughter]

1077

01:03:58.230 --> 01:04:01.840

[Nolan] Yeah, that's like it in most of Europe people like, I I,</v>

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01:04:02.100 --> 01:04:05.360

I'm the weirdo here in Spain. When people come over, I always say,

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01:04:05.360 --> 01:04:08.760

please take off your shoes. And now I provide slippers for everyone. Uh,

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01:04:08.760 --> 01:04:11.520

cause I think it's disgusting, but it's, it's how it most of Europe.

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01:04:11.520 --> 01:04:15.000

[Eva] Is something you of difference again, in Slovakia and my Canadian friends,</v>

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01:04:15.000 --> 01:04:16.720

Kevin always love, love at me.

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01:04:16.910 --> 01:04:17.520

[Nolan] Feel at home</v>

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01:04:17.520 --> 01:04:20.400

[Eva] Now he's my neighbor and I was like, what do you mean slippers?</v>

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01:04:20.400 --> 01:04:24.000

Because he came to my house and I was like, are called from a feet [laughter]

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01:04:24.000 --> 01:04:27.000

And he was like, why you a, like if I'm called on a feet,

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01:04:27.000 --> 01:04:29.800

I might be called on the hedge and I might need like a sweater.

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01:04:29.800 --> 01:04:32.080

Why are you asking me if I'm called from a feet?

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01:04:32.220 --> 01:04:35.240

And he's such a slovakian saying that if you cold on a feet,

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01:04:35.240 --> 01:04:36.920

we're gonna give you slippers. He was like, wait a minute,

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01:04:37.210 --> 01:04:40.240

do you have like each size slippers for each person?

1092

01:04:40.730 --> 01:04:43.520

So I remember I laughed so much about it. I was like, no,

1093

01:04:43.520 --> 01:04:48.440

you just get like in some general slippers for each of you and

1094

01:04:48.440 --> 01:04:50.680

you just, we just take care of your feet for sure. Yeah.

1095

01:04:50.680 --> 01:04:53.000

Like if you cold from a feet, you're gonna get sleeps.

1096

01:04:54.080 --> 01:04:56.040

[Nolan] [laughter] Awesome. Okay, good.</v>

1097

01:04:56.040 --> 01:04:59.080

Now I feel comfortable going there in the winter as well. [laughter]

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01:05:00.780 --> 01:05:04.200

All right, well Eva, thank you so much for coming on the show.

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01:05:04.310 --> 01:05:08.080

I really appreciate it. Um, for all the listeners right now,

1100

01:05:09.280 --> 01:05:12.360

remember if you want to join in on the conversation or add something,

1101

01:05:12.360 --> 01:05:15.520

please check out withoutborders.fyi.

1102

01:05:15.870 --> 01:05:19.680

I do rely on paid subscriptions to keep this going. Um,

1103

01:05:19.680 --> 01:05:23.320

and of course you can find me on YouTube or Instagram as well.

1104

01:05:23.360 --> 01:05:25.800

[Eva] Thank you. Thank you for the beautiful work you're doing.</v>